**Table S3.** Categories of the included policy determinants.

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| --- |
| **MICRO-ENVIRONMENT** |
| **Home/Household** |
| **PA-related home policies (e.g., rules, control)** |
| *Family rules* [**24**] |
| *Play rules* [**27, 30**] |
| *Rules for PA and sedentary activities* **[33]** |
| *Rules prohibiting television viewing* [**27]** |
|  |
| **Parenting styles** |
| *General parenting* [**22]** |
| *Parenting styles (e.g., PA rules, control)* **[6]** |
| *Parental activity control* **[27]** |
|  |
| **Time spent outdoors** |
| *Outdoor time* **[23]** |
| *Time spent outdoors/in play spaces* [**27, 30]** |
| *Time spent outdoors* [**6**] |
|  |
| **Educational institutions** |
| **Community support at school** |
| *Community support at preschool* [**30]** |
| *Support from community PA organizations* [**6**] |
| *Support from community organizations* [**27]** |
|  |
| **Organized activities** |
| *Number of programs/activities* [**31]** |
| *Organized activities* [**28**] |
|  |
| **PA school policy** |
| *PA school policy* [**31]** |
| *Written policy* [**28**] |
|  |
| **PA program involvement at school [28]** |
|  |
| **PA-related school policies (e.g., time allowed for free play/spent outside, # field trips)** |
| *Number of field trips* [**27**] |
| *Number of preschool field trips (*≥*4)* [**30**] |
| *PA-related policies (e.g., time allowed for free play/spent outside, # field trips)* [6] |
| *Time outdoors at preschool (with MVPA)* [**30**] |
| *Time outdoors at preschool* [**27**] |
|  |
| **School-based PE** |
| *PE/school sports* [**32**] |
| *Provision of PE (5 times/week)* [**28**] |
| *School provide (special) PE program/sport teams* [6] |
|  |
| **Recess duration** |
| *Length of recess time* [**31**] |
| *Recess duration* [**27, 28**] |
|  |
| **Recess characteristics [28]** |
| *Number of daily recess periods* |
| *Class time vs recess* |
| *Fitness break vs recess* |
| *Morning vs lunchtime recess* |
| *PE vs recess* |
|  |
| **Class size** |
| *Class size* [6, **27**] |
| *Number on roll* [**28**] |
| *Preschool class size* [**30**] |
|  |
| **Preschool/ School quality** |
| *Preschool quality* [**27, 30**] |
| *School quality* [6] |
|  |
| **School type (high school vs. vocational/alternative) [6]** |
|  |
| **Health education** |
| *Instruction on sport/health benefits* [6] |
|  |
| **Teacher education [27, 30]** |
|  |
| **Workplaces** |
| **Work hours [25, 29]** |
|  |
| **Inflexible work environment [29]** |
|  |
| **Neighborhood** |
| **Program availability at church/community [29]** |
|  |
| **Street-scale urban design and land use policies [11]** |
|  |
| **Transportation and travel policies [11]** |
|  |
|  |
| **MACRO-ENVIRONMENT** |
| **City/Municipality/Regions** |
| **Community-scale urban design and land use policies [11]** |
|  |
| **Mass media campaigns [26]** |
|  |

**Notes:** PA: Physical Activity; PE: Physical Education.