

**SPSB1-mediated inhibition of TGF- $\beta$  receptor-II impairs myogenesis in  
inflammation**

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- 6 **Online Supplementary Material**

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8 **Animal Experiments**

9 **Animal model of polymicrobial sepsis**

10 Cecal ligation and puncture (CLP) surgery was performed to induce  
11 polymicrobial sepsis as recently described [1-3]. Briefly, mice were anesthetized with  
12 isoflurane, placed on a heating plate to assure a constant body temperature of 37°C  
13 measured by a rectal probe. After shaving and disinfection of the abdominal skin,  
14 midline laparotomy was performed, the cecum was exposed and ligated using a non-  
15 absorbable surgical suture (Ethicon 6-0, Johnson & Johnson Medical GmbH,  
16 Umkirch, Germany). A 21-gauge needle was used to puncture the cecum once, and a  
17 small amount of cecum content was extruded. The cecum was then replaced into the  
18 abdominal cavity, and the incisions of the peritoneum and skin were closed with two  
19 separate layers of surgical sutures (Ethicon 6-0, Johnson & Johnson Medical GmbH,  
20 Umkirch, Germany). Sham mice were treated identically except for the ligation and  
21 puncture of the cecum. Directly after surgery 500 µl of sterile and prewarmed NaCl  
22 were applied by subcutaneous injection to all mice. Antibiotics were not administered  
23 in these experiments.

24

25 **AAV9-mediated knockdown of *Spsb1* in vivo**

26 An AAV vector genome plasmid was engineered for expression of a shRNA  
27 against *Spsb1*. For knock-down of *Spsb1*, we designed a shRNA duplex within a  
28 miR30 context as recently described[4]. The AAV genome plasmid pssMCKE-sh-

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29 MmSpsb1-2-miR30hp-EGFP was generated by inserting the Spsb1 shRNA (mature  
30 antisense: 5'-TTGGTCTTTCTAATCCTGCCTT-3') [5] 3' of an EGFP reporter gene  
31 under control of the muscle creatine kinase promoter (MCKE). Accordingly,  
32 pssMCKE-sh-ctrl-miR30hp-EGFP was designed as a non-silencing control (mature  
33 antisense: 5'-CTTACTCTCGCCCAAGCGAGAG-3'). For AAV9 production, each  
34 genome plasmid together with the adenoviral helper plasmid pDP9rs, coding for the  
35 AAV serotype 9 capsid and all relevant adenoviral helper factors, was co-transfected  
36 into low passage HEK293T cells and processed as described previously [5].  $1 \times 10^{12}$   
37 vector genomes (vg) were injected into the tail vein of 8-week-old male B6(C)/Rj-  
38 Tyr<sup>c/c</sup> mice. Six weeks after AAV9 injection CLP or sham surgery was performed.  
39 Ninety-six hours after surgery the experiment was terminated and muscle tissues were  
40 harvested.

41

### 42 **Histological analyses and measurement of myocyte cross-sectional area.**

43 *Tibialis anterior* and *gastrocnemius/plantaris* were obtained from mice following  
44 sham or CLP surgery. Muscles were flash frozen in liquid nitrogen with gum tragacanth  
45 (Merck, Germany) as cryoprotectant. A Leica cryotome CM3050S (Leica  
46 Microsystems GmbH, Germany) was used to cut histological cross sections of TA with  
47 a thickness of 5  $\mu$ m. Sections were stained with Hematoxylin & Eosin (H&E) as  
48 described earlier [6, 7]. To analyze the myocyte cross sectional area (MCSA) images  
49 were acquired with Leica CTR 6500 HS microscope and the Leica digital camera DFC  
50 425 (Leica Microsystems GmbH, Germany). Image J software 1.51v9 software (Wayne

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51 Rasband, National Institutes of Health, USA) was used to measure 100 MSCAs per  
52 mouse and condition [3, 8-11]. MCSA measurements were performed in  
53 control\_shRNA (sham n=6, CLP n=6) and Spsb1\_shRNA treated mice (sham n=6, CLP  
54 n=6). The person who performed measurements was blinded to the specific treatment.

### 55 **Immunohistochemical analysis of skeletal muscle.**

56 Immunohistochemistry was performed on 8 µm thin cryo-sections as recently  
57 published[1, 2]. Primary antibodies: SC-71 (MyHC-2A, IgG1, 1:100;), BF-F3  
58 (MyHC-2B, IgM, 1:100;), laminin beta-1 (1:100; Abcam), SPSB1 (1:100, Life  
59 Technologies, USA), TβRII (1:100, Cell Signaling, UK). Secondary antibodies:  
60 donkey-anti-mouse-Alexa Fluor 405, goat-anti-mouse-Alexa Fluor 488, goat-anti-  
61 mouse-Alexa Fluor 549, goat-anti-rat-Alexa Fluor 647 (all 1:100, Life Technologies,  
62 USA).

### 63 **Cell culture**

64 *C2C12 myoblasts* (ATCC, USA) were cultivated in growth medium (GM:  
65 Dulbecco's Modified Eagle's medium (DMEM; 4.5g/L glucose, Fisher Scientific,  
66 USA), 10% fetal bovine serum (FBS, Biochrom GmbH, Germany), 2mM glutamine,  
67 1U/ml penicillin, 1µg/ml streptomycin (all Sigma Aldrich, Germany)) at 37°C in a 5%  
68 CO<sub>2</sub> atmosphere. For differentiation, myoblasts were transferred to differentiation  
69 medium (DM: DMEM, 1g/L glucose, Sigma Aldrich, Germany, 2% FBS). C2C12  
70 cells were transfected with 1µg of expression plasmids per well in a six-well plate  
71 using Lipofectamine™ 3000 Reagent (Life Technologies, USA) according to the  
72 manufacturer's protocol. For siRNA transfection, 50nM siRNA (Dharmacon; control



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73 siRNA D-001810-10-05, Il6st siRNA, J-040007-09-0005) was transfected using  
74 Dharmafect3 (Dharmacon) according to the manufacturer's protocol.

75 *Isolation of primary myoblasts:* Isolation of primary skeletal muscle myoblasts  
76 was performed as recently published[12]. Briefly, 6-8 weeks old mice were sacrificed  
77 by cervical dislocation and hindlimb muscles were dissected and collected in sterile  
78 ice-cold 1x PBS. Muscle tissue was minced and digested by adding digestion buffer  
79 (DMEM containing 1.0g/L glucose, collagenase II 1,15mg/ml, dispase II 1,6mg/ml)  
80 for 1h at 37°C in a water bath. Following centrifugation at 1500g for 10 min the cell  
81 pellet was dissolved in plating medium (DMEM containing 1.0g/L glucose, 10%  
82 horse serum) and filtered through a 40µm Cell Strainer, following another round of  
83 centrifugation the cell pellet was again dissolved in plating medium and the cell  
84 suspension was preplated on a 10 cm dish for 2 h at 37°C in a CO<sub>2</sub> Incubator. The cell  
85 containing medium was then removed from the plate and centrifuged at 1500g for 3  
86 min and the resulting pellet was then dissolved in 1 ml growth medium (400ml  
87 DMEM, 1.0 g/L glucose, 20% FBS, 10% horse serum, 2.5ng/ml bFGF, 1%  
88 Penicillin/Steptomycin). 50,000 cells were plated onto a Geltrex coated 8-well IBIDI  
89 slide. Two days after isolation the growth medium was changed and three days after  
90 isolation growth medium was changed to differentiation medium (DMEM, 1.0g/L  
91 glucose, 2% horse serum, 1x Penicillin/Steptomycin).

92 *Commercial Mouse skeletal muscle myoblasts:* Mouse skeletal muscle myoblasts  
93 originated from mouse GP and TA muscle were purchased from iXCells  
94 Biotechnologies USA, Inc. (Catalog Number: 10MU-033). Cells were cultivated on

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95 Geltrex coated plates or IBIDI slides in growth medium (Catalog Number: MD-0064)  
96 and once they reached 70-80% confluency growth medium was replaced by  
97 differentiation medium (DMEM, 1.0g/L Glucose, 2% Horse Serum, 1x  
98 Penicillin/Steptomycin) to initiate differentiation.

99

### 100 **Immunofluorescent imaging, and analysis of myogenic differentiation**

101 Myoblasts were seeded onto coverslips or  $\mu$ -Slide 8-Well coverslips (IBIDI cell  
102 in focus, Germany). After treatment cells were fixed with 4% paraformaldehyde,  
103 permeabilized by 0.1% Triton X-100 and blocked with 5% goat serum. Primary  
104 antibodies: anti-FLAG (F3165, 1:500, Sigma Aldrich, Germany), anti-Myc (06-549,  
105 1:500, Millipore, USA), anti-Smad3 (#9520, 1:100, Cell Signaling, UK), anti-T $\beta$ RII  
106 (ab186838, 1:500, Abcam, UK), anti-Fast Myosin (clone My32, M4276, 1:500,  
107 Millipore, USA). Secondary antibodies: goat-anti-mouse-Alexa Fluor 488, goat-anti-  
108 mouse-Alexa Fluor 555, goat-anti-rabbit-Alexa Fluor 488, goat-anti-rabbit-Alexa  
109 Fluor 555 (1:500, Life Technologies, USA). 4',6-Diamidin-2-phenylindol (DAPI) was  
110 used for nuclear staining. Samples were mounted with ProLongGold Antifade  
111 Reagent (Life Technologies, USA). The Leica CTR 6500 fluorescence microscope,  
112 the Leica DFC 360 FX digital camera (Leica, Germany) and the Zeiss LSM 700  
113 confocal microscope (Carl Zeiss, Germany) were used for imaging, respectively.  
114 Images were analyzed with Zen 2009 (Carl Zeiss, Germany) or FIJI/ImageJ software  
115 (NIH, USA).

116 *Analysis of myogenic differentiation:* the differentiation index was calculated as the

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117 percentage of nuclei in myosin positive (myosin<sup>+</sup>) cells related to the total number of  
118 nuclei per field of view. Fusion index was quantified by the percentage of nuclei  
119 contained in myotubes (a myosin<sup>+</sup> cell with at least two nuclei) related to the total  
120 number of nuclei per field of view. For each condition shown, 30 fields of view (>360  
121 myosin<sup>+</sup> cells) were quantified.

122

### 123 **Cytokine and inhibitor treatment**

124 C2C12 cells were differentiated into myotubes for 5 days and then treated with  
125 TNF (10 ng/ml, eBioscience, USA), IL6/IL6R (100 ng/ml, R&D Systems, USA), IL-  
126 1 $\beta$  (25 ng/ml, Prospec, Israel), recombinant human Apo-serum amyloid A1 (SAA1; 10  
127  $\mu$ g/ml, Peprotech, USA) or lipopolysaccharide (LPS; 1  $\mu$ g/mL, from Escherichia coli  
128 O111:B4, Merck, Germany) for indicated time points. The vehicle 0.1% BSA in PBS  
129 was used as a control. For pathway analyses, five days differentiated C2C12 myotubes  
130 were treated with a JAK2 inhibitor (AG490; 10 $\mu$ M, Sigma-Aldrich, MO, USA), a  
131 STAT3 inhibitor (C188-9; 10 $\mu$ M, Merck-Milipore, Germany) or an IKK-inhibitor  
132 BMS-345541 (5  $\mu$ M, Abcam, UK) for 60 min prior to 2 h of IL-6 and TNF or IL-1 $\beta$   
133 treatment, as indicated. To detect phosphorylation of Akt, cells were transduced with  
134 SPSB1 or GFP control expressing-retrovirus and differentiated for 5 days. Cells were  
135 then treated with recombinant human TGF- $\beta$ 1 (5 ng/ml, PeproTech, USA) or the same  
136 volume of vehicle (10mM citric acid dissolved in differentiation medium) for 5 min.

137 For analysis of differentiation in response to ITD-1, DMEM was supplemented  
138 with ITD-1 (2  $\mu$ M or 4  $\mu$ M, Ethyl 4-([1,1'-biphenyl]-4-yl)-2,7,7-trimethyl-5-oxo-

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139 1,4,5,6,7,8-hexahydroquinoline-3-carboxylate, Tocris Bioscience, UK) or DMSO as  
140 vehicle. Differentiation medium including inhibitor or vehicle was exchanged every  
141 24 h during differentiation and differentiation was monitored for 5 days. On  
142 differentiation day 1, 3 and 5, cells were harvested for RNA or protein analysis. For  
143 morphological analyses, cells were seeded onto coverslips, differentiated, and treated  
144 as indicated, and analyzed with immunofluorescent staining.

145

### 146 **cDNA expression plasmids, retrovirus production and transduction of cells**

147 The coding sequences (CDS) of *Spsb1*, *Tgfb2* and *Myog* were PCR amplified  
148 from mouse TA cDNA (primers listed in Table S1) and cloned into pcDNA<sup>TM</sup>3.1-  
149 FLAG or pcDNA<sup>TM</sup>3.1-Myc (both Invitrogen<sup>TM</sup>, Life Technologies, USA). FLAG-  
150 SPSB1, Myogenin-Myc and myristylated Akt (pBSFI-Akt-Myr; Addgene)[13]  
151 expression plasmids were used to generate retroviral expression plasmids (pMP71-  
152 IRES-GFP-FLAG-SPSB1, pMP71-IRES-GFP-Myogenin-Myc, pMP71-IRES-GFP-  
153 HA-Akt-Myr) (primers listed in Table S2). SPSB1 mutants (Y129A; T160A/Y161A  
154 (TYAA), ΔSOCS) were generated using Q5® Site-Directed Mutagenesis Kit (New  
155 England Biolab, USA) (primers listed in Table S3). All constructs were sequence  
156 verified. Platinum-E (Cell Biolabs, USA) cells were transfected with retroviral  
157 constructs using Lipofectamine<sup>TM</sup> 3000 according to the manufacturer's protocol.  
158 Retroviruses were harvested 48h after transfection and myocytes were transduced by  
159 spinoculation.

### 160 **RNA isolation and real-time PCR analysis**

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161 Total RNA was isolated from cultured cells using TRIzol® reagent (Invitrogen,  
162 Life Technologies Corporation, USA) and cDNA was synthesized using the  
163 SuperScript® First-Strand Synthesis kit (Invitrogen) following the manufacturer's  
164 protocol and as published previously[1, 14]. RNA expression was analyzed by  
165 quantitative real-time polymerase chain reaction (qRT-PCR) using primers (see Table  
166 S4) and SYBR Green PCR Master Mix (Roche, Switzerland). qRT-PCR reactions  
167 were performed in a Step-One™ Plus thermocycler (Applied Biosystems, USA) using  
168 a cDNA standard curve. Gene expression was normalized to the expression levels of  
169 the stably expressed reference gene *glyceraldehyde-3-phosphate dehydrogenase*  
170 (*Gapdh*).

### 171 **Protein extraction and Western blot analysis**

172 Control cells or cells transfected with expression plasmids were lysed in ice-cold  
173 extraction buffer (150 mM NaCl, 50 mM Tris-HCl, 1 mM EDTA (sodium salt), 0.5%  
174 (w/v) sodium deoxycholate, 1% (v/v) NonidetP40, 0.1% (w/v) SDS, PhosSTOP and  
175 protease inhibitors (Complete™, Roche, Switzerland), pH 8.0). Lysates were  
176 denatured using SDS sample buffer (50 mM Tris-HCl, 2% SDS, 6% glycerol, 5 % β-  
177 mercaptoethanol, 0.1% bromophenol blue). Proteins were separated by 10-15% SDS-  
178 PAGE and transferred onto Amersham Hybond P 0.45µm PVDF membranes (VWR,  
179 USA). Membranes were blocked with 5% BSA/TBST or 5% Milk/TBST dependent  
180 on the antibodies used and were then incubated with the indicated primary antibodies  
181 at 4°C overnight, followed by incubation with anti-horseradish peroxidase (HRP)  
182 conjugated secondary antibodies (Cell Signaling, UK). Primary antibodies: anti-

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183 DYKDDDDK FLAG (#2368), anti-Akt (#9272), anti-pAkt (Ser473, #4060), anti-  
184 TβRII (#79424), anti-HA-Tag (3724) (all 1:1000, from Cell signaling, UK); anti-Fast  
185 MyHC (clone My32, M4276), anti-slow MyHC (clone NOQ7, M8421), anti-  
186 Myogenin (M5815) (all 1:1000, from Sigma Aldrich, Germany); anti-Myc (06-549,  
187 1:500), anti-glyceraldehyde-3-phosphate dehydrogenase (GAPDH; MAP374, 1:5000)  
188 (both from Millipore, USA); anti-HA (M180-3, 1:1000, MBL Life Science, Japan);  
189 and anti-SPSB1 (PA5-89504, 1:1000, Thermo Fisher Scientific, USA). Detection was  
190 performed using SuperSignal™ West Pico Chemiluminescent Substrate (Thermo  
191 Fisher Scientific, USA) according to the manufacturer's instructions. The stably  
192 expressed GAPDH was used as loading control for all the proteins. Total Akt was  
193 used as control for pAkt (Ser473).

### 194 **Analysis of protein synthesis.**

195 Protein synthesis was determined with the Global Protein Synthesis Assay Kit  
196 (ab235634, Abcam, UK) according to the manufacturers protocol. Briefly,  $1.2 \times 10^4$   
197 C2C12 cells and  $1.8 \times 10^4$  primary myoblasts were plated onto  $\mu$ -Slide 8-Well  
198 coverslips (IBIDI cell in focus, Germany), respectively. After 24h C2C12 cells were  
199 transduced with retroviruses and differentiated for 5 days as described. Primary  
200 myoblasts were transduced after 72h and differentiated for 3 days. On differentiation  
201 day 3 (primary myoblasts) and day 5 (C2C12 cells), as indicated, cells were washed  
202 with PBS and incubated with fresh differentiation medium containing cell-permeable  
203 O-Propargyl-puromycin (OP-puro) protein label for 1h at 37°C. As a negative control,  
204 cells were pre-treated with cycloheximide (CHX, 50  $\mu$ g/ml) or PBS as control for 30

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205 min prior to the analyses. Reaction was stopped by removing the medium. Cells were  
206 then fixed, permeabilized and incubated with the provided reagents for 30 min at  
207 room temperature. The alkyne contained in the OP-puro protein label reacted with the  
208 fluorescent azide in the reaction cocktail. 4',6-Diamidin-2-phenylindol (DAPI) was  
209 used to label the cell nuclei. Experiments were performed at least 3 times.

### 210 **Co-Immunoprecipitation (Co-IP)**

211 C2C12 cells were transfected with expression plasmids or transduced with  
212 retrovirus, as indicated. After 48h, cells were harvested in lysis buffer (150mM  
213 Phosphate, 150mM NaCl, protease inhibitor, pH7.4) and 10% of the lysates were used  
214 for input controls. Lysates were immunoprecipitated (IP) with anti-FLAG M2 affinity  
215 gel (A2220, Sigma Aldrich, Germany). Lysates and immunoprecipitates were  
216 subjected to Western blot analyses with the indicated antibodies.

### 217 **Cycloheximide chase assay**

218 Cycloheximide (CHX) chase assay was performed in 1 day differentiated C2C12  
219 cells 1, 3 and 6h after CHX treatment. Protein contents were analyzed by  
220 immunoblotting.

### 221 **Ubiquitination assay**

222 COS-7 cells were transfected as indicated. After 42h cells were treated with MG132  
223 (25 $\mu$ M) or DMSO (0.25%, vehicle) for a further 6h and then lysed in lysis buffer  
224 (50mM Tris, 150mM NaCl, 1% Triton X-100, 50mM NaF, 2mM MgCl<sub>2</sub>, 1mM Na<sub>3</sub>VO<sub>4</sub>,  
225 25 $\mu$ g/ml leupeptin, 25mM N-Ethylmaleimide (Sigma Aldrich, Germany), 25 $\mu$ g/ml  
226 aprotinin) and 10% of the lysates were used for input controls. Lysates were

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227 immunoprecipitated (IP) with anti-FLAG M2 affinity gel (A2220, Sigma Aldrich,  
228 Germany). Lysates and immunoprecipitates were subjected to Western blot analyses  
229 with the indicated antibodies.



230 **Supplementary Tables**231 **Table S1. Primers for generation of cDNA expression plasmids.**

<b>Primer Name (restriction site)</b>	<b>Oligonucleotide sequence (5' → 3') (restriction site underlined)</b>
FLAG-SPSB1-F (EcoRI)	CTCAT <u>CGAATTC</u> ATGGGTCAGAAGGTCACAGG
FLAG-SPSB1-R (NotI)	TCATC <u>CGGCCGCT</u> CACTGGTAGAGGAGGTAGGCT
SPSB1-Myc-F (NotI)	ATC <u>CGGCCGCA</u> ATGGGTCAGAAGGTCACAGG
SPSB1-Myc-R (EcoRI)	ATC <u>GAAATTC</u> GCTGGTAGAGGAGGTAGGCTTTG
FLAG-TβRII(ΔExon2)-F (EcoRI)	CATCC <u>GAAATTC</u> ATGGGTCGGGGGCTGCTC
FLAG-TβRII(ΔExon2)-R (NotI)	CATC <u>CGGCCGCT</u> ATTTGGTAGTGTTCAGCGAGC

232 F: forward; R: reverse; SPSB1: splA/ryanodine receptor (SPRY) domain and SOCS-

233 box containing protein 1; TβRII: transforming growth factor β type II receptor.

234 **Table S2. Primers for generation of retroviral expression plasmid.**

<b>Primer Name (restriction site)</b>	<b>Oligonucleotide sequence (5' → 3') (restriction site underlined)</b>
FLAG-SPSB1-F (NotI)	GCGCGCGGCCGCATGGACTACAAAGACG
FLAG-SPSB1-R (NotI)	TCATCGCGGCCGCTCACTGGTAGAGGAGGTAGGCT
Myogenin-F (NotI)	GAATGCGGCCGCATGGAGCTGTATGAGACATCCC
Myogenin+Myc-overlap-R	TGAGATGAGTTTTTGTTCGTTGGGCATGGTTTCGT
Myogenin+Myc-overlap-F	GACGAAACCATGCCCAACGAACAAAACTCATCTC
Myc-R (EcoRI)	CCGGAATTCCTCAATGATGATGATGATGGTCGA

235 F: forward; R: reverse.

236 **Table S3. Primers of site-direct mutagenesis using SPSB1-retroviral plasmid as**  
237 **template.**

<b>Primer Name</b>	<b>Oligonucleotide sequence (5' → 3')</b>
FLAG-SPSB1-Y129A-F	CAAAGTTGGGGCCACACGTGGACTGCATG
FLAG-SPSB1-Y129A-R	CCCCTGATGGCGTCCGTG
FLAG-SPSB1-TYAA-F	GCCAAGTAAAGCCGCCCCAGCCTTTCTGGAG
FLAG-SPSB1-TYAA-R	TGGTTCTTGCCGTCGTGG
FLAG-SPSB1-ΔSOCS-F	TGAGCGGCCGCTAAGCTT
FLAG-SPSB1-ΔSOCS-R	ATCAAGTCCGTTCAAGTAGCGC

238 F: forward; R: reverse.

239 **Table S4. Primers for quantitative real-time PCR.**

<b>Primer Name</b>	<b>Oligonucleotide sequence (5' → 3')</b>
Mm_Spsb1-F	GGTCAGAAGGTCACAGGAGG
Mm_Spsb1-R	GTGATCTGCCATACATGCAGTC
Mm_Spsb2-F	AAGAAGAGTGGAGGAACCACAAT
Mm_Spsb2-R	CAAAGGCAGAGTGGATATTTGAC
Mm_Spsb3-F	GCAGCTCTAACTGGGGCTATGACTC
Mm_Spsb3-R	ACAGGCACAGCACTGGGGATGGATG
Mm_Spsb4-F	GAGTGCTGTGTGGGGTCA
Mm_Spsb4-R	AGGGCTGAGCGGATGGAT
Mm_Il6st-F	CCCATGGGCAGGAATATAGA
Mm_Il6st-R	CATAATCCAAGATTTTCCCATTG
Mm_Fbxo32-F	AGTGAGGACCGGCTACTGTG
Mm_Fbxo32-R	GATCAAACGCTTGCGAATCT
Mm_Gapdh-F	ATGGTGAAGGTCGGTGTGA
Mm_Gapdh-R	AATCTCCACTTTGCCACTGC
Mm_Myog-F	GCGATCTCCGCTACAGAGG
Mm_Myog-R	GCTGTGGGAGTTGCATTCA
Mm_Myod-F	AGCACTACAGTGGCGACTCA
Mm_Myod-R	GGCCGCTGTAATCCATCA
Mm_Myomaxin-F	CCGTCCGATGTCAAGACAAC
Mm_Myomaxin-R	GAGAGTAGAGGTCTTCCAAGG
Mm_Mymk-F	ATCGCTACCAAGAGGCGTT
Mm_Mymk-R	CACAGCACAGACAAACCAGG
Mm_Mymx-F	CAGGAGGGCAAGAAGTTCAG
Mm_Mymx-R	ATGTCTTGGGAGCTCAGTCG
Mm_Myh1-F	AATCAAAGGTCAAGGCCTACAA
Mm_Myh1-R	GAATTTGGCCAGGTTGACAT
Mm_Myh3-F	GGATGGGAAAGTCACTGTGG
Mm_Myh3-R	GTCCTCTGGCTTAACCACCA
Mm_Myh4-F	TGGCCGAGCAAGAGCTAC
Mm_Myh4-R	TTGATGAGGCTGGTGTCTG
Mm_Myh7-F	CGCATCAAGGAGCTCACC
Mm_Myh7-R	CTGCAGCCGCAGTAGGTT
Mm_Smad7-F	TGCAAAGTGTTTCAGGTGGCCG
Mm_Smad7-R	ATCCCAGGCTCCAGAAGAAG
Mm_Tgfb1-F	TGGAGCAACATGTGGAAGCTC
Mm_Tgfb1-R	GTCAGCAGCCGGTTACCA
Mm_Trim63-F	CCTGCAGAGTGACCAAGGA
Mm_Trim63-R	GGCGTAGAGGGTGTCAAACCT
Hs_SPSB1-F	AGTACATGGGAGTGGCTTTTC
Hs_SPSB1-R	ACAAATCCATGAGCGGCAG
Hs_SPSB2-F	ACCCTCTATCCGGCAGTAAG

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Hs_SPSB2-R	GGTGCAGAAGGGAGTGTG
Hs_SPSB3-F	TCTAGCAGGCTCCACTAACT
Hs_SPSB3-R	CCCAGCACAGTCACAGAAG
Hs_SPSB4-F	CGAGGTCTCAAGGGCAAG
Hs_SPSB4-R	GGCACAGGTCCATCAGTG
Hs_GAPDH-F	GAAGGTGAAGGTCTGGAGTCA
Hs_GAPDH-R	AATGAAGGGGTCATTGATGG

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240 Mm indicates *Mus musculus*; Hs, *Homo sapiens*; F, forward; R, reverse; Fbxo32  
241 indicates F-Box Protein 32 (*Atrogin1*); Gapdh/GAPDH, Glyceraldehyde-3-phosphate  
242 dehydrogenase; Il6st, interleukin 6 signal transducer (also known as glycoprotein 130  
243 (gp130)); Myog, Myogenin; Mymk, Myomaker; Mymx, Myomerger; Myh, Myosin  
244 heavy chain; Spsb1/SPSB1, splA/ryanodine receptor (SPRY) domain and SOCS-box  
245 containing protein 1; Smad7, homologues of the *Drosophila* protein mothers against  
246 decapentaplegic and the *Caenorhabditis elegans* protein 7; Tgfb1, transforming growth  
247 factor  $\beta$ 1; Trim63, Tripartite Motif Containing 63 (MuRF1).

248 **Supplementary Figures**

249 **Figure S1.** Quantitative RT-PCR (qRT-PCR) analysis of *Spsb1*, *Spsb2*, *Spsb3*, and  
250 *Spsb4* from the tibialis anterior (TA), gastrocnemius plantaris (GP), soleus (Soleus),  
251 and extensor digitorum longus (EDL) muscle of 12-week-old male C57BL/6J mice  
252 subjected to cecal ligation and puncture (CLP, n = 5, 24 h; n = 5-9, 96 h) or sham  
253 surgery (sham, n = 3, 24 h; n = 3-5, 96 h). Data in were analyzed with two-way ANOVA  
254 followed by Tukey's post-hoc test. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

255 **Figure S2.** Immunofluorescent staining of mouse TA muscle using anti-SPSB1 (red),  
256 anti-MyHC-2A (green), anti-MyHC-2B (cyan), and anti-Laminin (white) antibodies.  
257 Stars indicate enrichment of SPSB1 and in MyHC-2A containing cells. Arrowheads  
258 reveal T $\beta$ R2 was absent on cytoplasmic membrane. Scale bar, 50  $\mu$ m. Data in were  
259 analyzed with two-way ANOVA followed by Tukey's post-hoc test. \* $p < 0.05$ , \*\* $p <$   
260 0.01, \*\*\* $p < 0.001$ .

261 **Figure S3.** qRT-PCR of *SPSB2* (A), *SPSB3* (B), and *SPSB4* (C) from the *vastus*  
262 *lateralis* muscle of patients with intensive care unit-acquired weakness (ICUAW, n =  
263 7) compared to healthy subjects (controls, n = 12). mRNA expression was normalized  
264 to *GAPDH*. Data were analyzed with two-tailed Student's *t*-test. \*\*\* $p < 0.001$ .

265 **Figure S4.** (A) qRT-PCR of *Spsb1* from five-day-differentiated C2C12 myotubes  
266 (MT5) that were treated with TNF (10 ng/ml), IL-1 $\beta$  (10 ng/ml) or IL6/IL6R (100 ng/ml)  
267 for indicated time points. (B) qRT-PCR analysis of *Spsb1* from five-day-differentiated

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268 C2C12 myotubes treated with SAA1 (10 ng/ml) or LPS (1  $\mu$ g/mL) for 72 h. (C) qRT-  
269 PCR analysis of *Spsb1* from C2C12 myotubes that were treated with TGF $\beta$  (0.2 or 5  
270 ng/ml) for 24 h and 72 h, as indicated.

271 **Figure S5.** Immunofluorescent staining of TA muscle from sham or CLP operated mice  
272 after 96 h using anti-T $\beta$ RII (red) and anti-MyHC-2A (green) antibody. Nuclei were  
273 stained with DAPI (blue). Arrowheads indicate reduction of T $\beta$ RII at the cytoplasmic  
274 membrane. Scale bar, 100  $\mu$ m.

275 **Figure S6.** Heat map of significantly regulated genes ( $p < 0.05$ ) contained in Gene  
276 Ontology (GO) term analysis (Biological process) “cellular response to transforming  
277 growth factor beta stimulus” (GO:0071560), where they were significantly enriched ( $p$   
278 = 8.84E-05, FDR 0.002), in tibialis anterior muscle of septic wildtype mice 24 h and  
279 96 h after surgery (n = 3 for each condition).

280 **Figure S7.** (A) Heat map of significantly regulated genes ( $p < 0.05$ ) contained in Kyoto  
281 Encyclopedia of Genes and Genomes (KEGG)-pathway “Transforming growth factor-  
282 beta signaling pathway” (mmu04350), where they were significantly enriched ( $p$  =  
283 5.4E-04, FDR 0.0038), in tibialis anterior muscle of septic wildtype mice 24 h and 96  
284 h after surgery (n = 3 for each condition). (B) Position of significantly regulated genes  
285 in KEGG-pathway mmu04350. Regulated genes are shown in red.

286 **Figure S8.** (A) Subcellular distribution of SPSB1-Myc, FLAG-T $\beta$ RII or FLAG-T $\beta$ RII-  
287  $\Delta$ Ex2 separately transfected C2C12 cells as detected by immunofluorescence using

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288 anti-Myc antibody together with A555-coupled secondary antibody (red) or anti-FLAG  
289 antibody together with A488-coupled secondary antibody (green). (B) Subcellular  
290 distribution and co-localization of endogenous T $\beta$ RII and SPSB1-Myc in transfected  
291 C2C12 cells. Anti-T $\beta$ RII together with A488-coupled secondary antibody (green) and  
292 anti-Myc antibody together with A555-coupled secondary antibody (red) were used.  
293 Nuclei were stained with DAPI (blue). Scale bar, 20  $\mu$ m. (C) Cells were transduced  
294 with a retrovirus encoding GFP (control), SPSB1 or SPSB1- $\Delta$ SOCS for 48 h and then  
295 treated with cycloheximide (CHX, 50  $\mu$ g/ml) as indicated. Western blot analysis of cell  
296 lysates. Anti-FLAG antibody shows over-expressed FLAG-SPSB1. GAPDH was used  
297 as loading control. Densitometric analysis.

298 **Figure S9.** C2C12 cells were transduced by control GFP, SPSB1 (WT) or mutants  
299 (SPSB1-Y129A, -TYAA or - $\Delta$ SOCS) retrovirus and differentiated for 5 days. (A)  
300 Immunofluorescence of Smad3 (red) and DAPI (blue). Arrowheads shows co-  
301 localization of Smad3 and nuclei in GFP and SPSB1-mutant transduced cells. Scale bar,  
302 20  $\mu$ m. (B) Quantification of the percentage of Smad3 positive (Smad3<sup>+</sup>) nuclei. (C)  
303 qRT-PCR analysis of TGF- $\beta$ -Smad3 responsive gene *Smad7*. Data were analyzed with  
304 one-way ANOVA followed by Tukey's post-hoc test. \* indicates significant differences  
305 between SPSB1 (wildtype or mutants as indicated) and the GFP control group, \* $p$  <  
306 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001; # denotes a significant difference between indicated  
307 SPSB1 mutants and the SPSB1 wildtype group, # $p$  < 0.05, ## $p$  < 0.01, ### $p$  < 0.001; n =  
308 3 biologically independent experiments; data are presented as Mean  $\pm$  standard  
309 deviation.



310 **Figure S10.** C2C12 cells were transduced with control GFP or SPSB1 retrovirus and  
311 differentiated for 1, 3 or 5 days. (A) qRT-PCR analysis of *Spsb1* from C2C12 cells at  
312 indicated timepoints. (B) Direct imaging of transduced C2C12 cells at indicated  
313 timepoints. GFP signals denote transduced cells. Scale bar, 100  $\mu$ m. (C) qRT-PCR  
314 analysis of *Myog*, *Mymk*, *Mymx*, *Myh1*, *Myh3*, and *Myh7*. mRNA expression was  
315 normalized to *Gapdh*. Data were analyzed with two-way ANOVA followed by Tukey's  
316 post-hoc test. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .  $n = 3$  biologically independent  
317 experiments; data are presented as Mean  $\pm$  standard deviation.

318 **Figure S11.** (A) Analyses of single-cell RNA sequencing data from the *Tabula Muris*  
319 *Consortium* show an enrichment of *Spsb1* but not *Spsb2*, *Spsb3*, or *Spsb4* in satellite  
320 cells and mesenchymal stem cells. (B) Provided legend for Cell Ontology Class  
321 showing satellite cells (pink) and mesenchymal stem cells (cyan).

322 **Figure S12.** C2C12 cells were transduced by control GFP, SPSB1 (WT) or mutants  
323 (SPSB-Y129A, -TYAA or - $\Delta$ SOCS) retrovirus and differentiated for 5 days. (A) qRT-  
324 PCR analysis of *Myog*, *Mymk*, *Mymx*, *Myh1*, *Myh3*, and *Myh7*. mRNA expression was  
325 normalized to *Gapdh*. (B) Western blot of lysates from above cells with anti-Fast  
326 MyHC and anti-Slow MyHC antibody. GAPDH was used as loading control. (C)  
327 Densitometric analysis of (B). Data were analyzed with one-way ANOVA followed by  
328 Tukey's post-hoc test. \* indicates significant differences between SPSB1 (wildtype or  
329 mutants as indicated) and the GFP control group, \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ ;  
330 # denotes a significant difference between indicated SPSB1 mutants and the SPSB1

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331 wildtype group, <sup>#</sup> $p < 0.05$ , <sup>##</sup> $p < 0.01$ , <sup>###</sup> $p < 0.001$ . \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

332  $n = 3$  biologically independent experiments; data are presented as Mean  $\pm$  standard  
333 deviation.

334 **Figure S13.** (A) Western blot analysis of proteins isolated from undifferentiated C2C12  
335 myoblasts (MB) and different stages of differentiation as indicated using anti-T $\beta$ RII  
336 and anti-Fast MyHC antibody. GAPDH was used as loading control. (B) C2C12 cells  
337 were differentiated for 1, 3 and 5 days. qRT-PCR analysis of *Tgfb1* at indicated  
338 timepoints. (C) Immunofluorescent staining of three- and five-days differentiated  
339 C2C12 myotubes with anti-T $\beta$ RII (red) and anti-Fast MyHC (green) antibodies. Nuclei  
340 were stained with DAPI (blue). (D) C2C12 cells were differentiated in the absence or  
341 presence of ITD-1 (4 $\mu$ M) for indicated timepoints. qRT-PCR analysis of *Myog*, *Mymx*,  
342 and *Mymk* at indicated timepoints. (E) qRT-PCR analysis of *Myh1*, *Myh3* and *Myh7* at  
343 indicated timepoints. mRNA expression was normalized to *Gapdh*. Data in (B) were  
344 analyzed with one-way ANOVA followed by Tukey's post-hoc test; data in (D) and (E)  
345 were analyzed with two-way ANOVA followed by Tukey's post-hoc test. \* indicates a  
346 significant difference between ITD-1- and vehicle-treated cells, \* $p < 0.05$ , \*\* $p < 0.01$ ,  
347 \*\*\* $p < 0.001$ ;  $n = 3$  biologically independent experiments; data are presented as Mean  
348  $\pm$  standard deviation.

349 **Figure S14.** (A-F) Cells were differentiated in the absence or presence of ITD-1  
350 (2 $\mu$ M and 4 $\mu$ M) for 5 days. Cell lysates were analyzed by Western blot with anti-  
351 T $\beta$ RII (A) and anti-phospho Akt antibody (Ser473) (B), respectively. Total Akt was

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352 used as control for phospho Akt (Ser473) and GAPDH was used as loading control.  
353 Right panels show densitometric analysis of T $\beta$ RII and phospho Akt (Ser473)  
354 abundance. (C) C2C12 myotubes described were incubated with OP-puro labelling  
355 for 1 h. Red fluorescence (upper panel) corresponds to *de novo* synthesized  
356 polypeptides. Scale bar, 100  $\mu$ m. (D) Immunofluorescent staining of C2C12 myotubes  
357 described with anti-T $\beta$ RII (red) and anti-fast-twitch MyHC (green) antibodies. Nuclei  
358 were stained with DAPI (blue). (E) Differentiation index, Fusion index, and Nuclei  
359 distribution in each myosin<sup>+</sup> cell were quantified from images in panel (D). (F)  
360 Western blot analysis from cells lysates with antibodies as indicated. GAPDH was  
361 used as loading control. Data in (A), (B), (E; Differentiation and Fusion index), and  
362 (F) were analyzed with one-way ANOVA followed by Tukey's post-hoc test; data in  
363 (E; myosin<sup>+</sup> cells) were analyzed with two-way ANOVA followed by Tukey's post-  
364 hoc test. \* indicates a significant difference between ITD-1- (2  $\mu$ M and 4  $\mu$ M)  
365 compared to vehicle-treated cells, \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001; # indicates a  
366 significant difference between both ITD-1-treated groups; i.e. 4  $\mu$ M vs. 2  $\mu$ M ITD-1,  
367 # $p$  < 0.05, ## $p$  < 0.01, ### $p$  < 0.001. n = 3 biologically independent experiments; data  
368 are presented as Mean  $\pm$  standard deviation.

369 **Figure S15.** Cells were transduced by control GFP, SPSB1, Akt-Myr, respectively, or  
370 co-transduced by constitutive active Akt-Myr and SPSB1 retrovirus and differentiated  
371 for 5 days. (A) qRT-PCR analysis of *Myog*, *Mymk* and *Mymx* from cells differentiated  
372 for 1 day and *Myh1*, 3 and 7 (B) from cells differentiated for 5 days. mRNA expression  
373 was normalized to *Gapdh*. Data were analyzed with one-way ANOVA followed by

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374 Tukey's post-hoc test. \* indicates a significant difference between SPSB1-, Akt-Myr-  
375 or SPSB1 and Akt-Myr-treated groups compared with GFP control treated cells,  $*p <$   
376  $0.05$ ,  $**p < 0.01$ ,  $***p < 0.001$ ; # indicates a significant difference between SPSB1-  
377 and SPSB1 + Akt-Myr-treated cells,  $^{\#}p < 0.05$ ,  $^{\#\#}p < 0.01$ ,  $^{\#\#\#}p < 0.001$ .  $n = 3$   
378 biologically independent experiments; data are presented as Mean  $\pm$  standard deviation.

379 **Figure S16.** Primary myoblasts were transduced by control GFP, SPSB1, Akt-Myr,  
380 respectively, or co-transduced by Akt-Myr and SPSB1 retrovirus and differentiated  
381 for 5 days. (A) Immunofluorescent staining of above cells with anti-Fast MyHC as  
382 primary antibody and Alexa Fluor 555 conjugated secondary antibody (red). GFP  
383 (green) indicates retrovirally transduced cells. Scale bar, 100  $\mu\text{m}$ . (B) Differentiation  
384 index, Fusion index, and Nuclei distribution in each myosin<sup>+</sup> cell were quantified  
385 from images in panel (A). Data in (B; Differentiation and Fusion index) were  
386 analyzed with one-way ANOVA followed by Tukey's post-hoc test; data in (B;  
387 myosin<sup>+</sup> cells) were analyzed with two-way ANOVA followed by Tukey's post-hoc  
388 test. \* indicates a significant difference between SPSB1-, Akt-Myr- or SPSB1 and  
389 Akt-Myr-treated groups compared with GFP control treated cells,  $*p < 0.05$ ,  $**p <$   
390  $0.01$ ,  $***p < 0.001$ ; # indicates a significant difference between SPSB1- and SPSB1 +  
391 Akt-Myr-treated cells,  $^{\#}p < 0.05$ ,  $^{\#\#}p < 0.01$ ,  $^{\#\#\#}p < 0.001$ .  $n = 3$  biologically  
392 independent experiments; data are presented as Mean  $\pm$  standard deviation.

393 **Figure S17.** (A) Primary myoblasts were transduced by control GFP, SPSB1, Akt-Myr,  
394 respectively, or co-transduced by Akt-Myr and SPSB1 retrovirus and differentiated for  
395 3 days. OP-puro labelling was performed for 1 h. Red fluorescence corresponds to de

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396 novo synthesized polypeptides. (B) Primary myoblasts were transduced by control GFP,  
397 SPSB1, Myogenin, respectively, or co-transduced by Myogenin and SPSB1 retrovirus  
398 and differentiated for 3 days. OP-puro labelling was performed for 1 h. Red  
399 fluorescence corresponds to de novo synthesized polypeptides.

400 **Supplementary Figure 18.** Eight-week-old male B6(C)/Rj-Tyr<sup>cl/c</sup> mice were injected  
401 with  $1 \times 10^{12}$  vector genomes (vg) of AAV9 expressing shRNA\_Spsb1 or  
402 control\_shRNA. After 6 weeks mice were subjected to CLP or sham surgery. Analyses  
403 were performed 96h after surgery (sham: control\_shRNA, n=6, shRNA\_Spsb1: n=6;  
404 CLP: control\_shRNA, n=6, shRNA\_Spsb1: n=6). (A) Experimental design. (B) qRT-  
405 PCR analysis of *Spsb1* expression in *tibialis anterior* and *gastrocnemius/plantaris*  
406 muscle. \*p<0.05, \*\*p<0.01; n.s. denotes not significant. Data are presented as Mean  $\pm$   
407 standard deviation. (C) Body weight and weights of *tibialis anterior* and  
408 *gastrocnemius/plantaris* muscle of CLP operated mice normalized to tibia length and  
409 expressed as relative change compared to sham operated mice. Data are presented as  
410 Mean  $\pm$  standard deviation. \*p<0.05, \*\*\*p<0.001. (D) Frequency distribution  
411 histograms of myofiber cross sectional area (MCSA) of Sham- and CLP-treated  
412 control\_shRNA and shRNA\_Spsb1 mice of histological cross sections from *tibialis*  
413 *anterior* muscle. \*\*\*p<0.001. (E, F) qRT-PCR analysis of *Trim63* and *Fbxo32*  
414 expression in *tibialis anterior* (E) and *gastrocnemius/plantaris* muscle (F). \*p<0.05,  
415 \*\*p<0.01, \*\*\*p<0.001. Data are presented as Mean  $\pm$  standard deviation. n.s. denotes  
416 not significant.

417 **Figure S19. Schematic model of SPSB1-mediated inhibition of myogenesis by**

418 **downregulating TGF- $\beta$ -Akt-Myogenin signaling.** Under physiological conditions,  
419 TGF- $\beta$  binds to T $\beta$ RI and T $\beta$ RII complex and activates the non-canonical Akt and the  
420 canonical Smad pathway. TGF- $\beta$  promotes myogenesis via the non-canonical T $\beta$ RII-  
421 Akt-Myogenin pathway. Akt acts as a central regulator of transcription and translation,  
422 and increases protein synthesis, which is required for initiating myoblast fusion.  
423 Additionally, Akt induces expression of Myogenin/*Myog*, which in turn increases the  
424 expression of Myomaker/*Myok*, Myomerger/*Myox* as well as myosin heavy chain  
425 (MyHC) *Myh1*, *Myh3* and *Myh7*. An increase in proinflammatory cytokines, e.g., tumor  
426 necrosis factor (TNF), interleukin 1 $\beta$  (IL-1 $\beta$ ) and IL6, during sepsis cause an increase  
427 in *Spsb1* expression by an activation of NF- $\kappa$ B and gp130/JAK2/STAT3 signaling,  
428 respectively, in myocytes. SPSB1 targets T $\beta$ RII and inhibits the T $\beta$ RII-Akt-Myogenin  
429 pathway decreasing protein synthesis, myogenic fusion and differentiation contributing  
430 to impaired myogenic differentiation. Created with BioRender.com.

431

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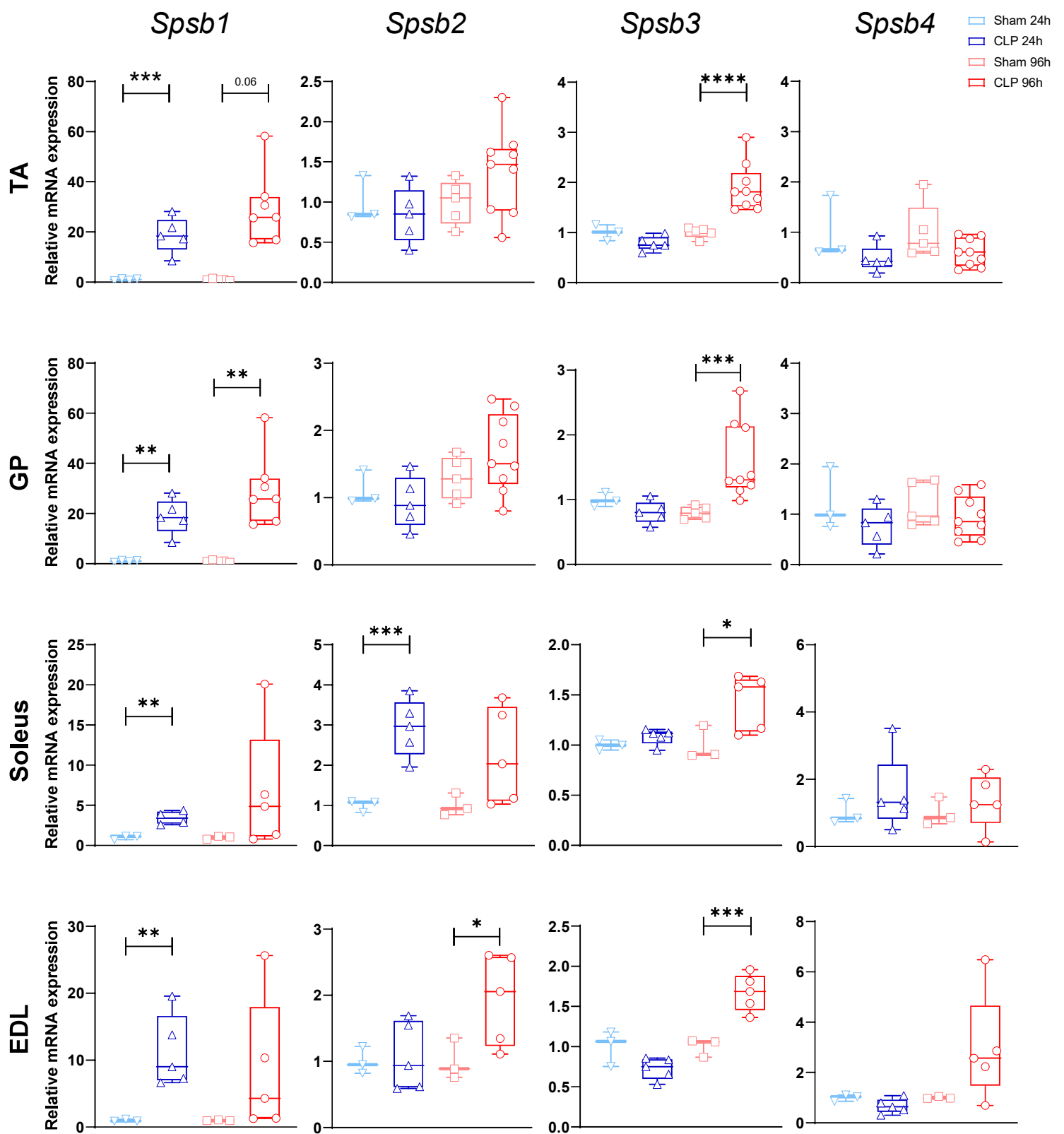


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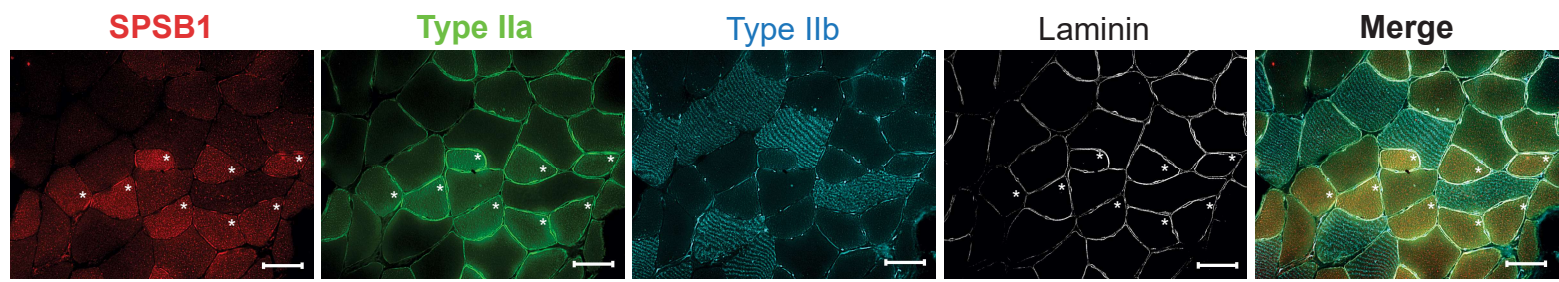


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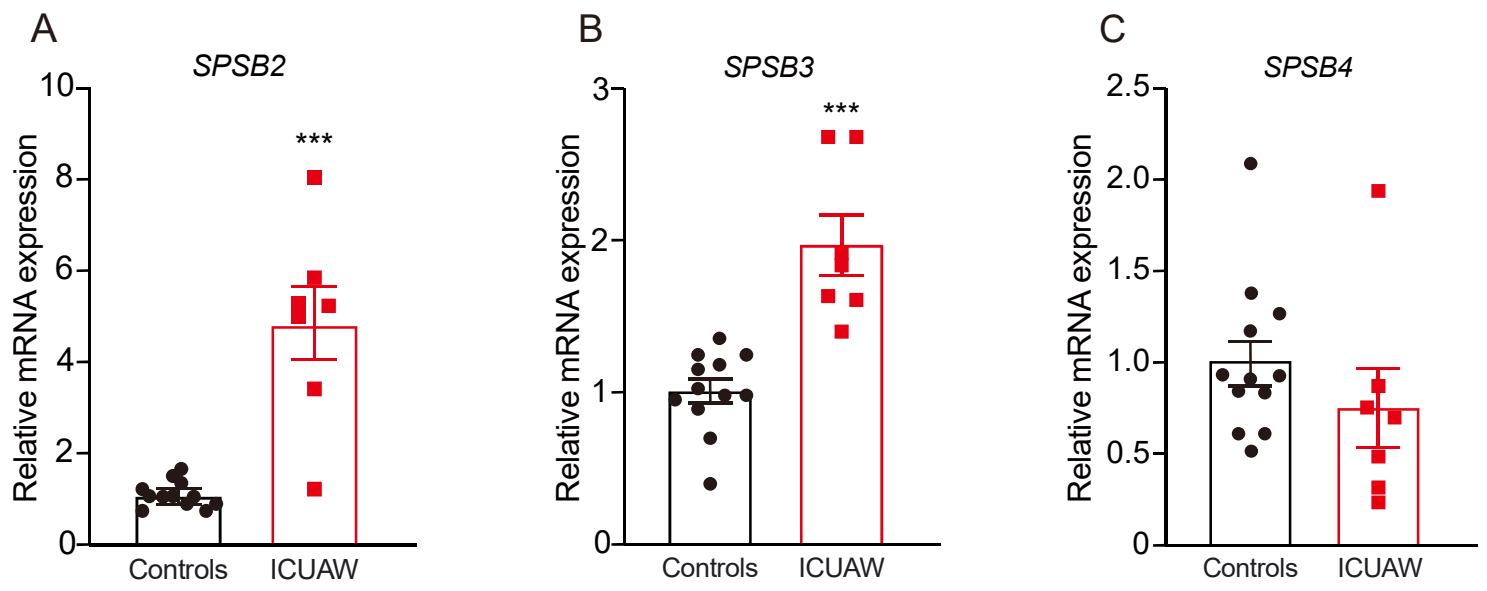


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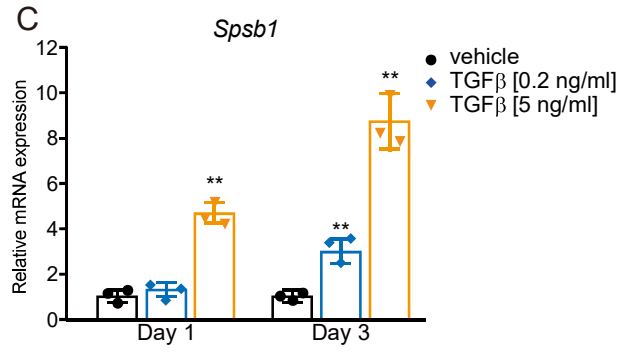
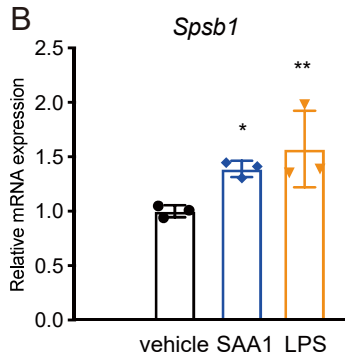
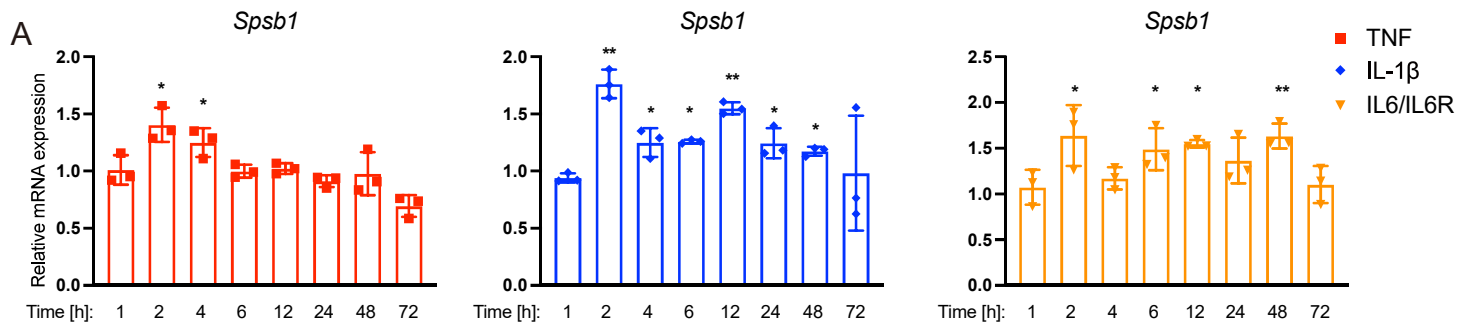


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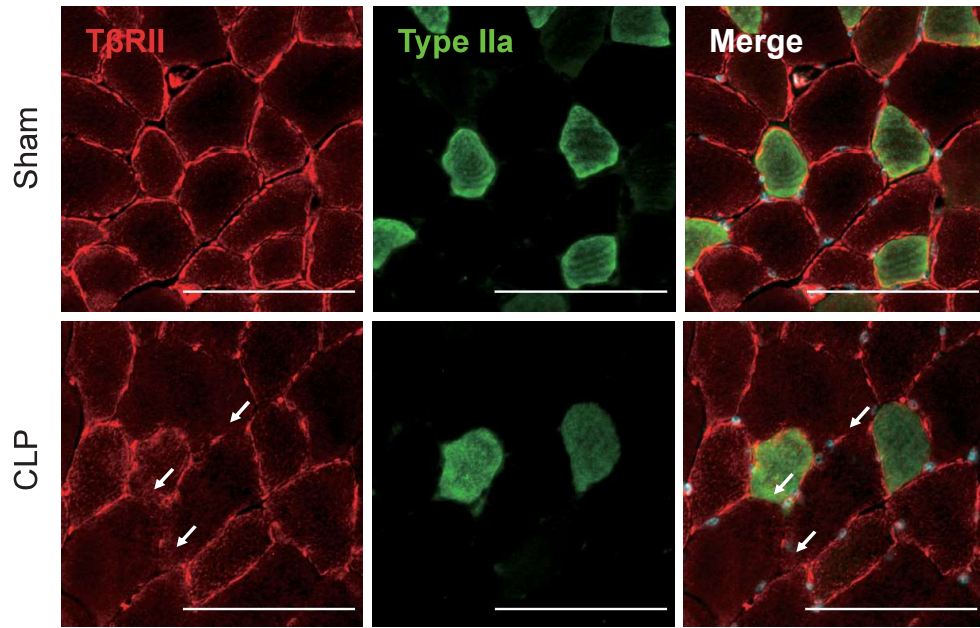


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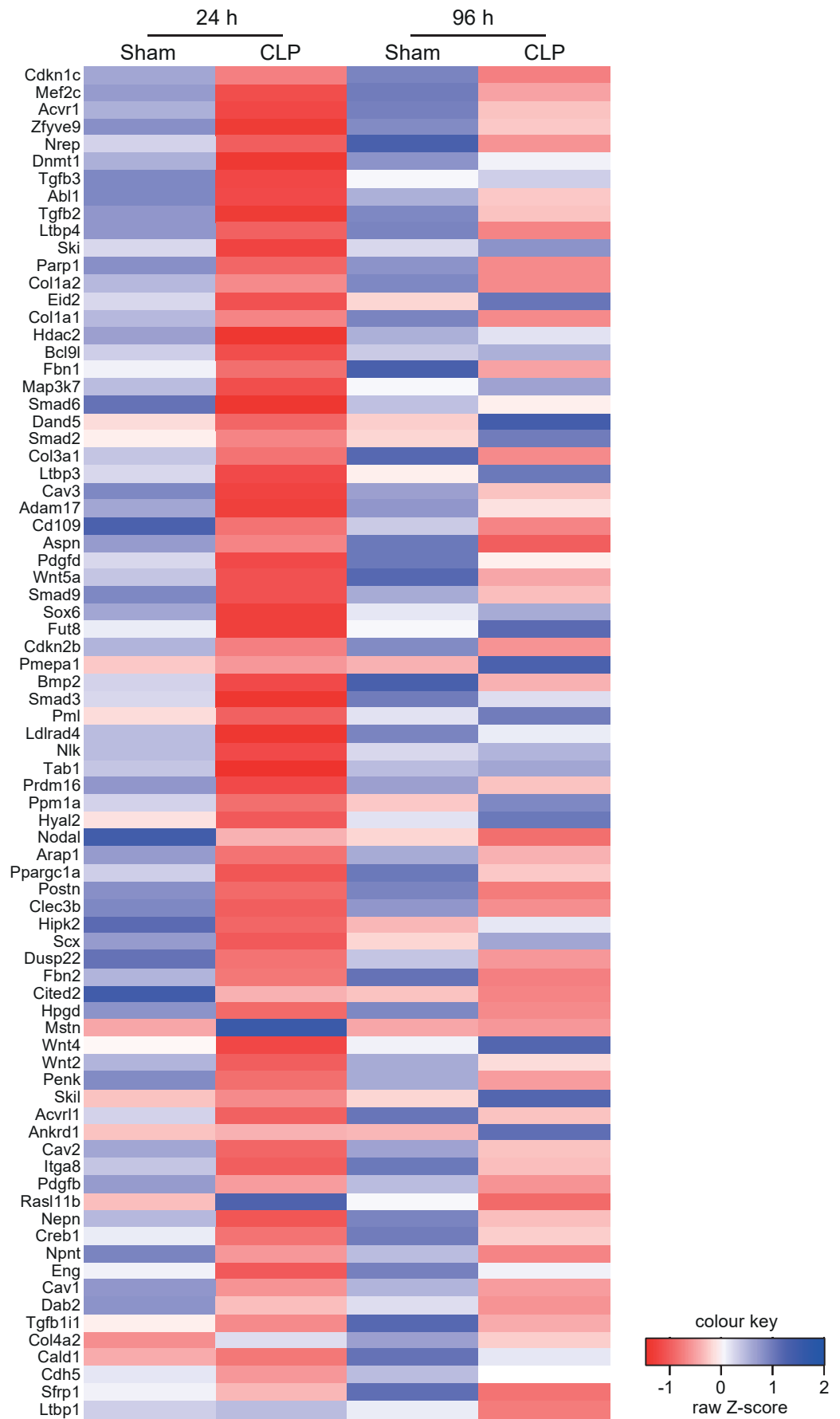


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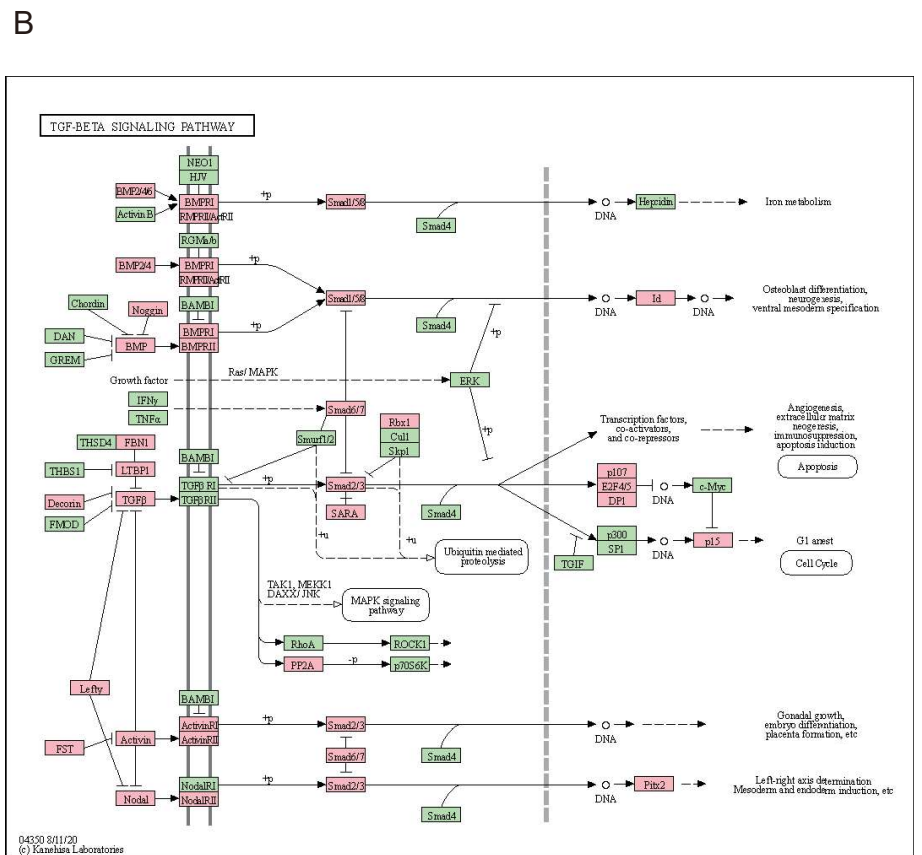
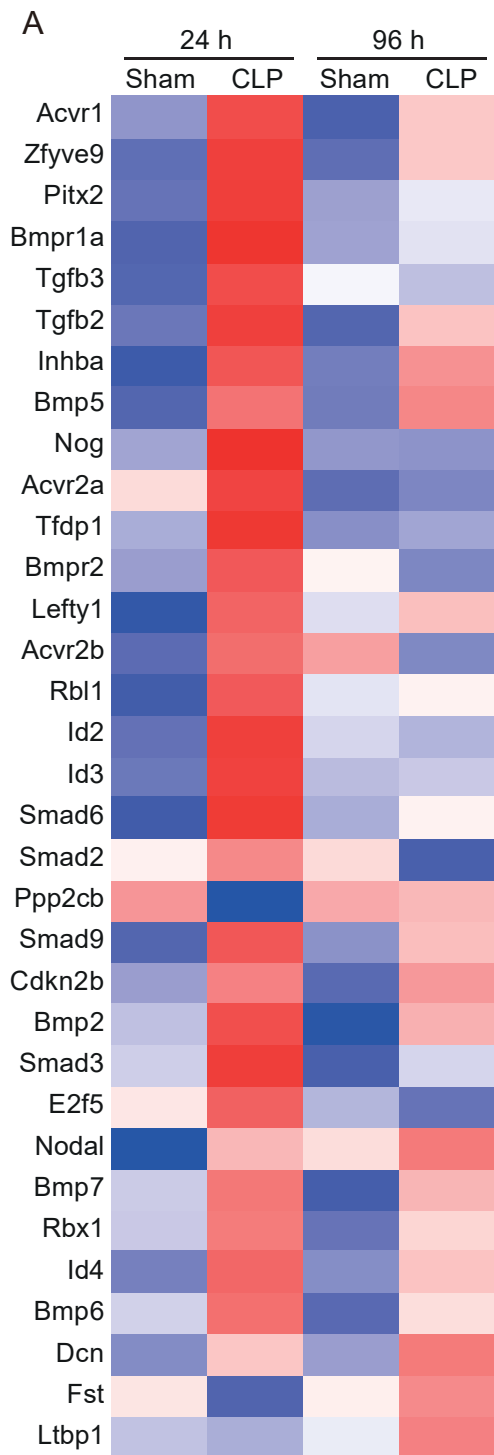
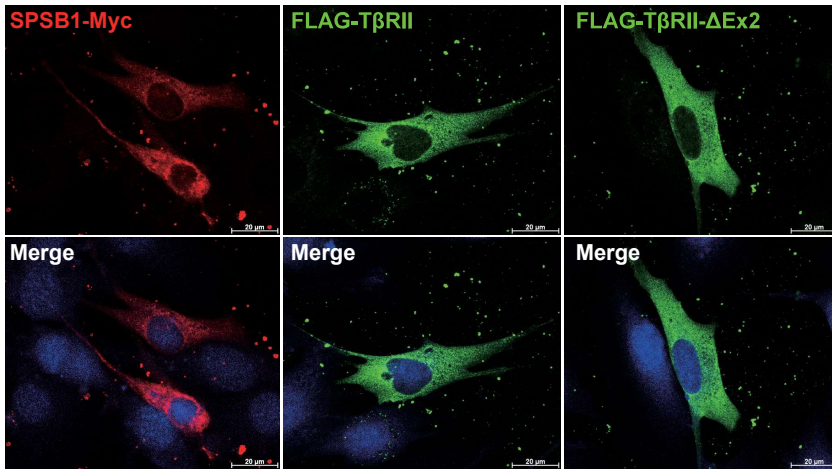
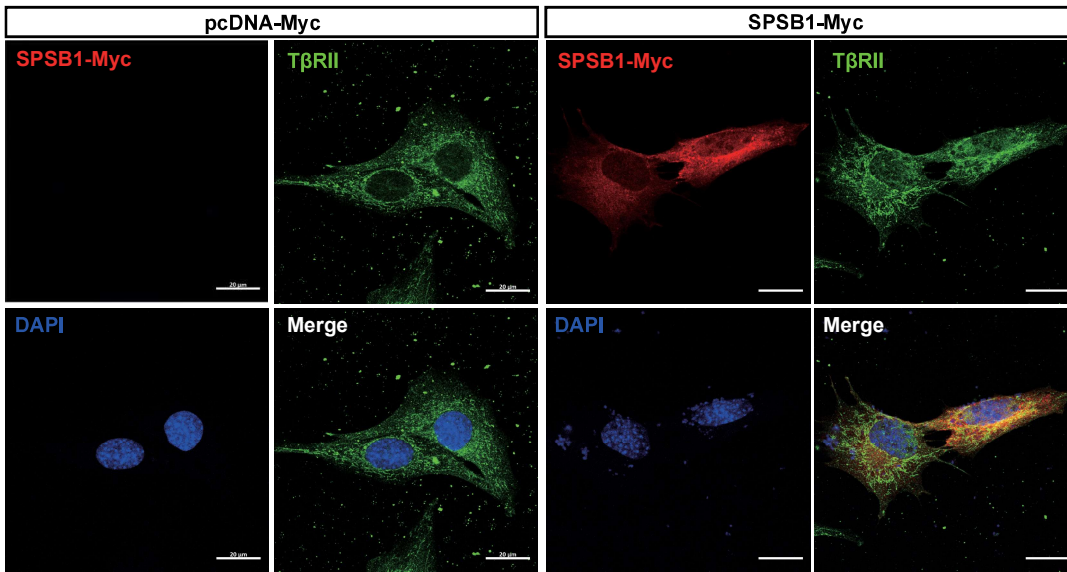


Figure S7

A



B



C

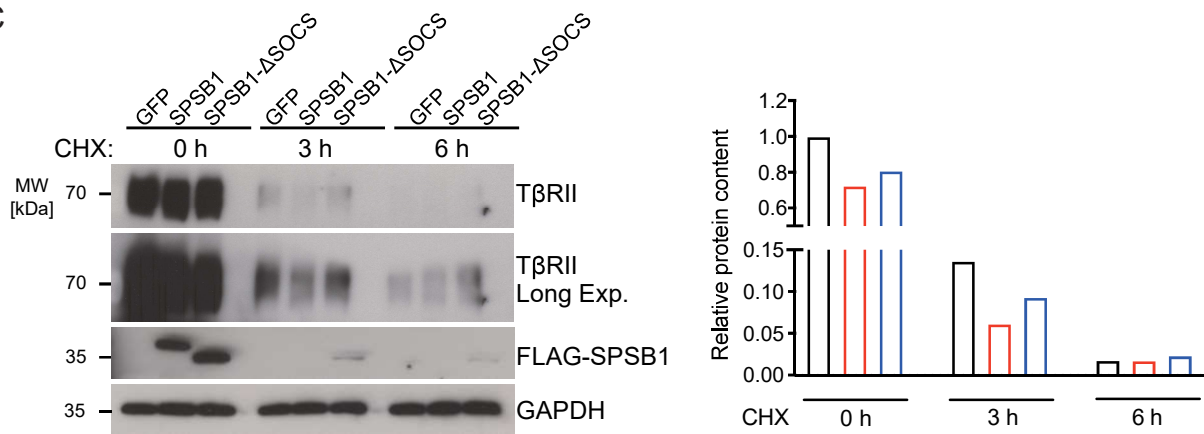


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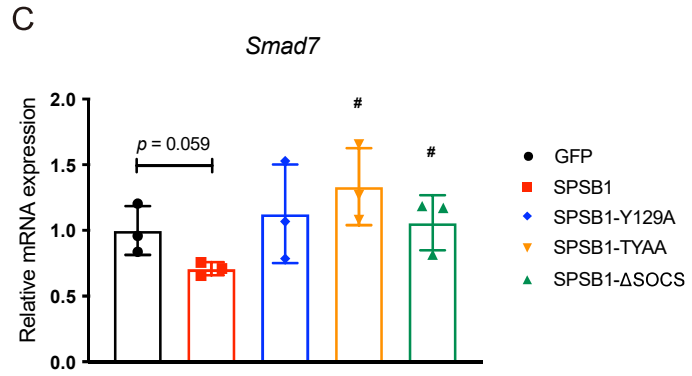
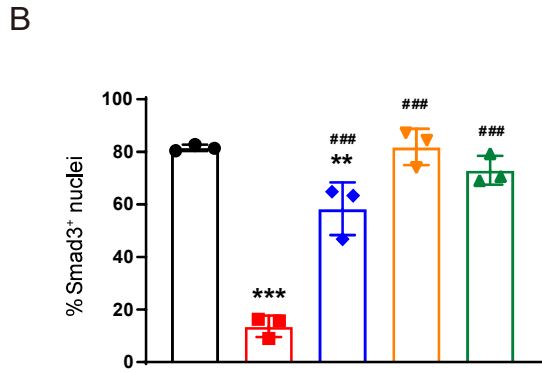
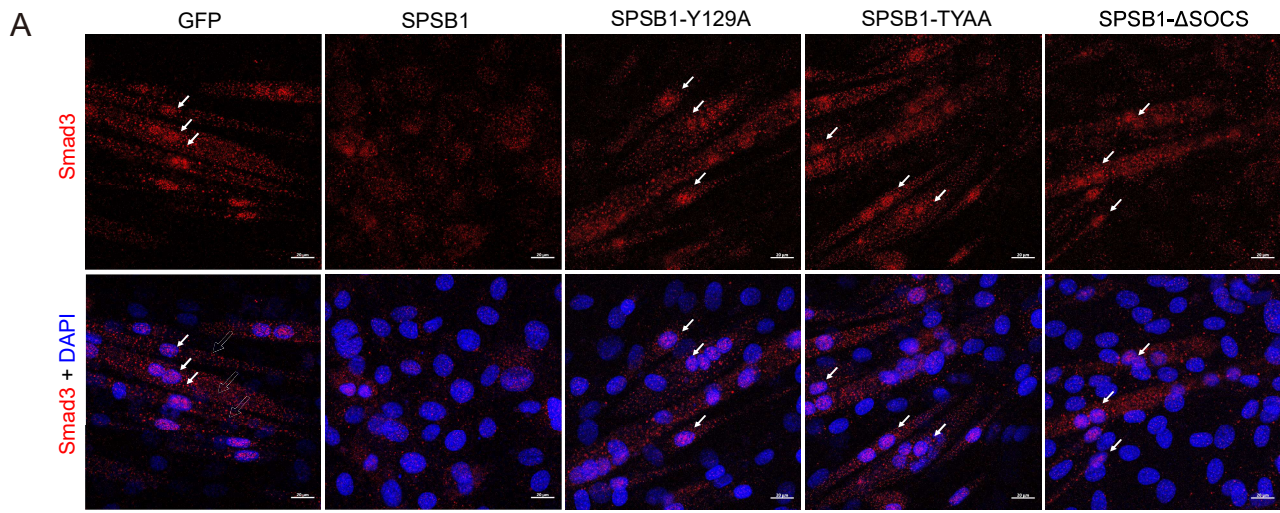
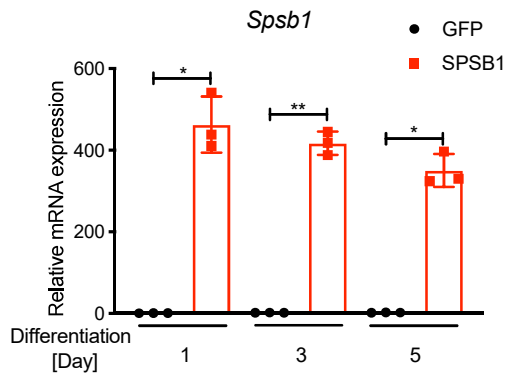
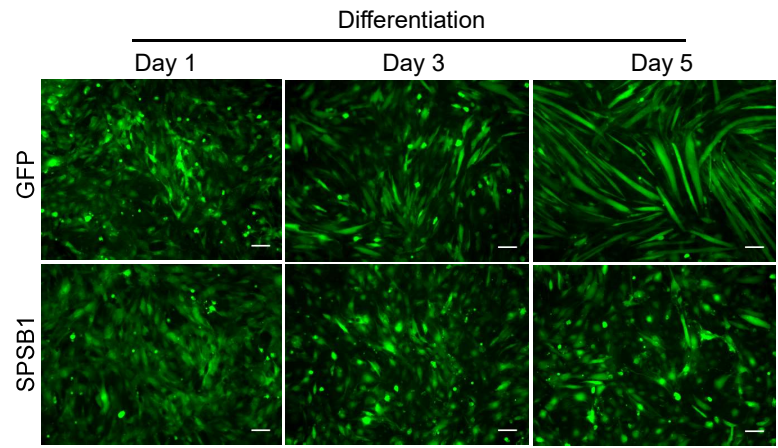


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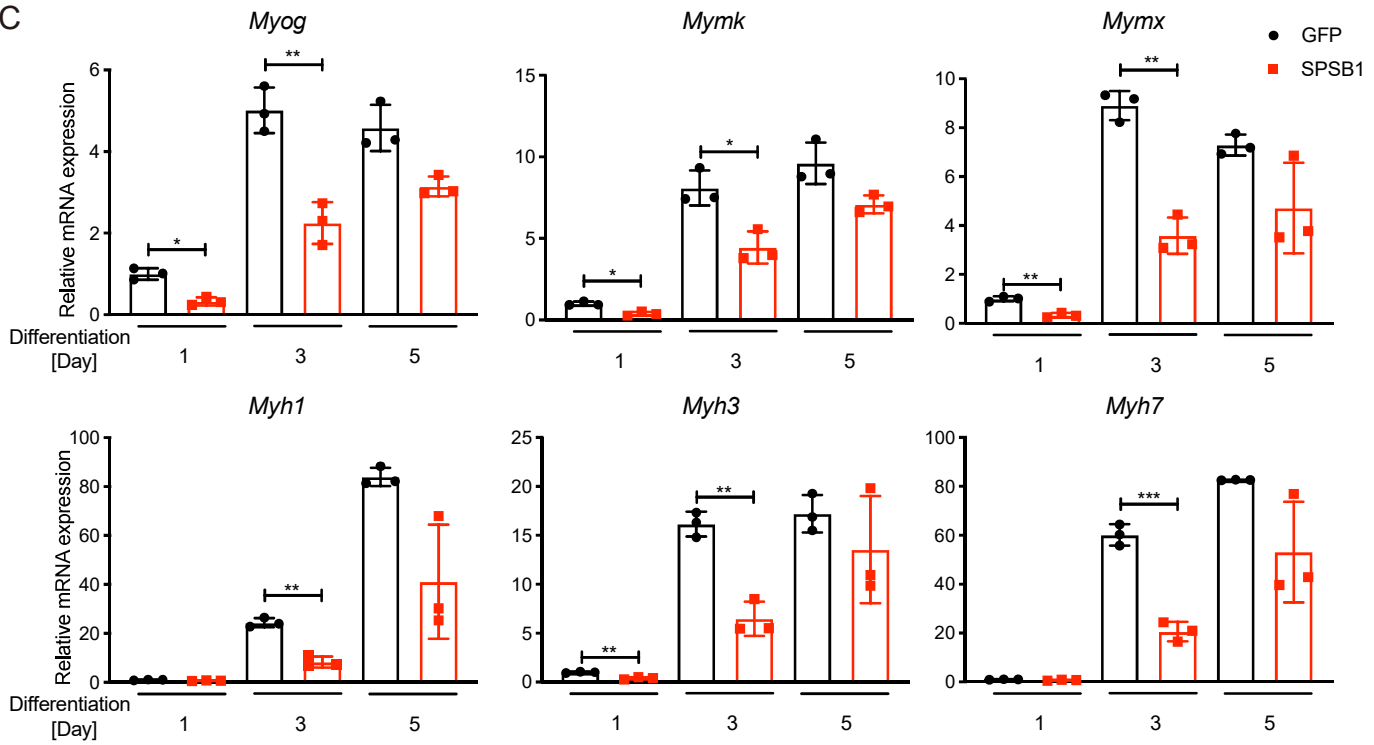
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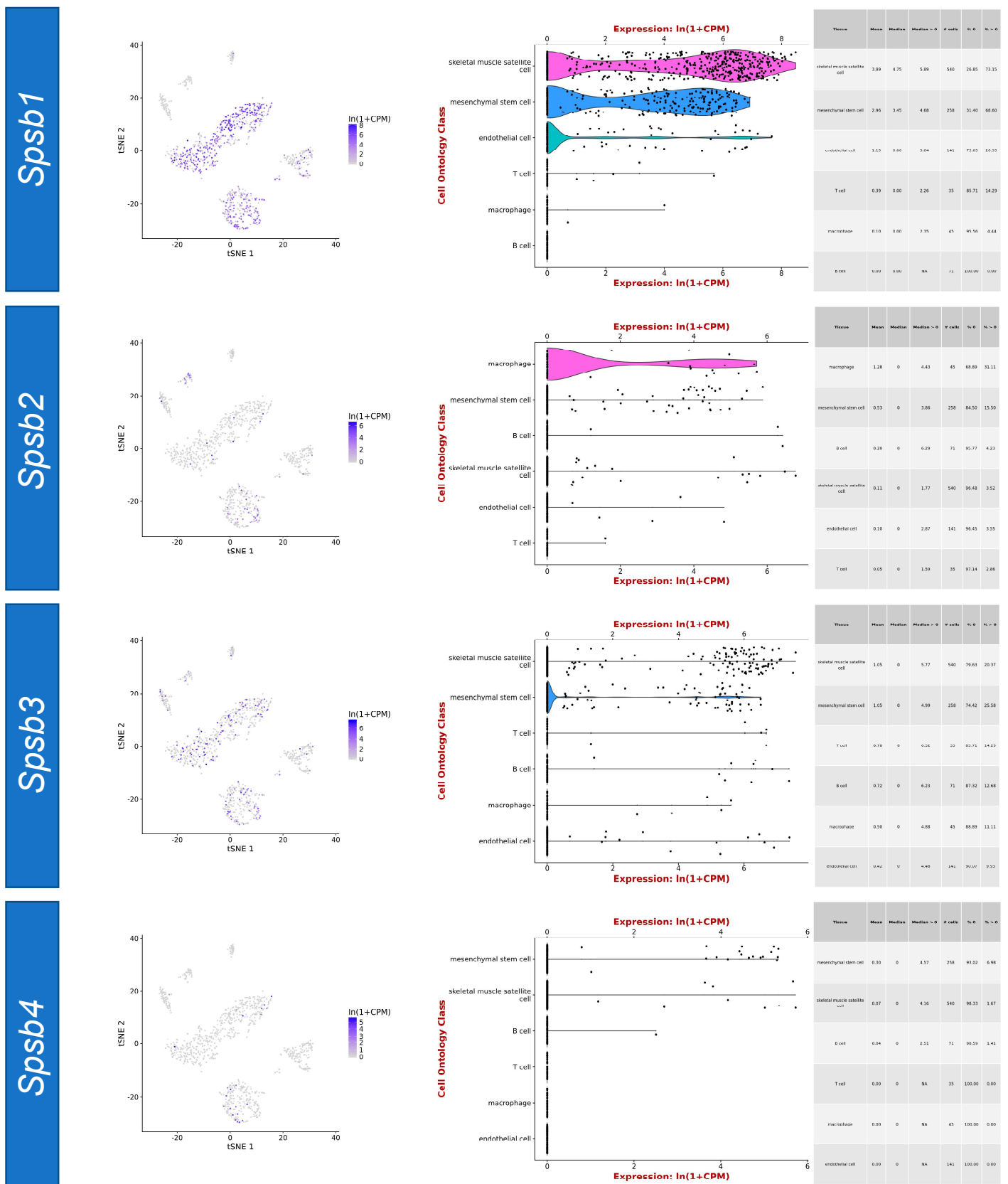
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A



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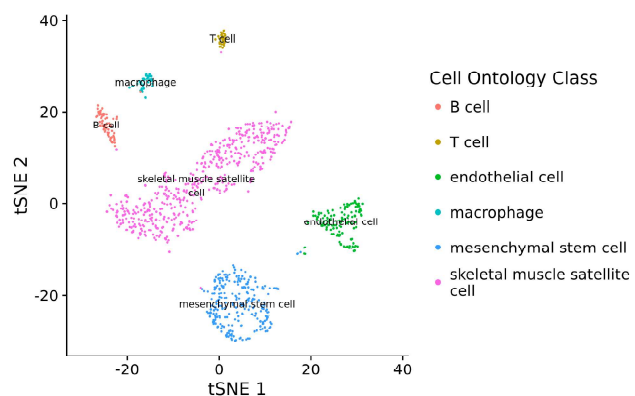


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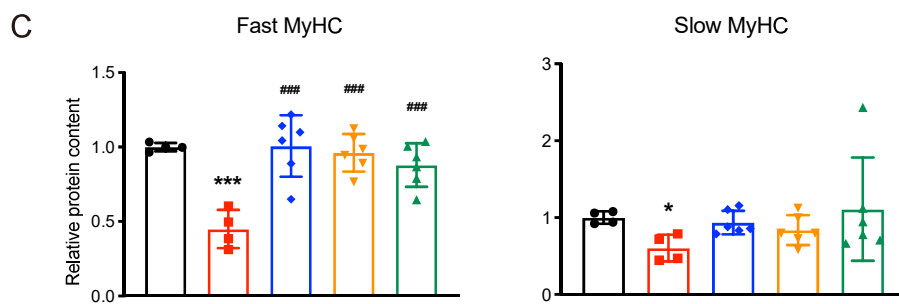
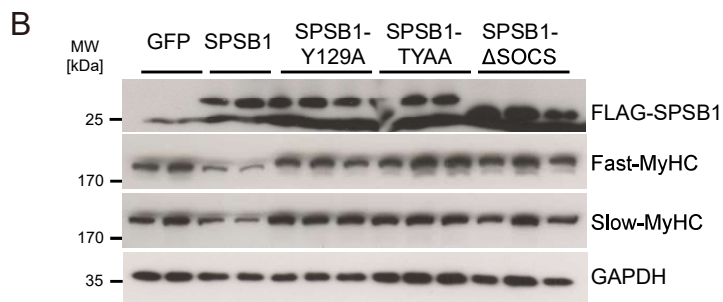
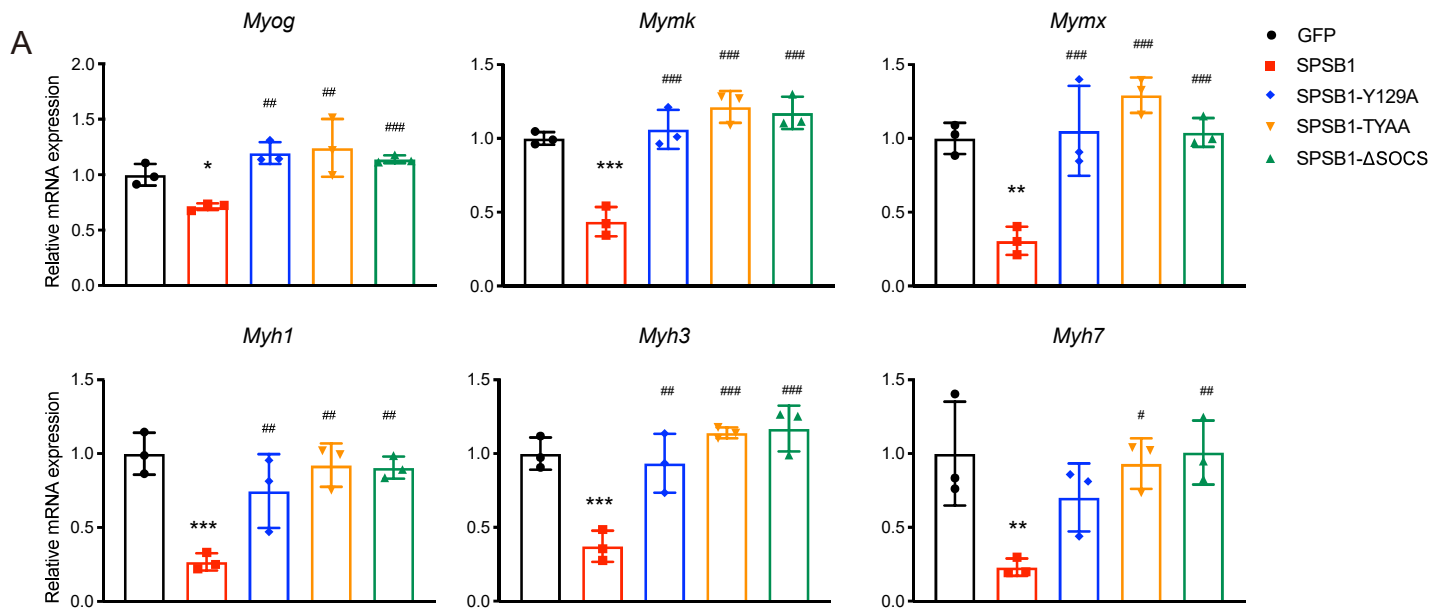


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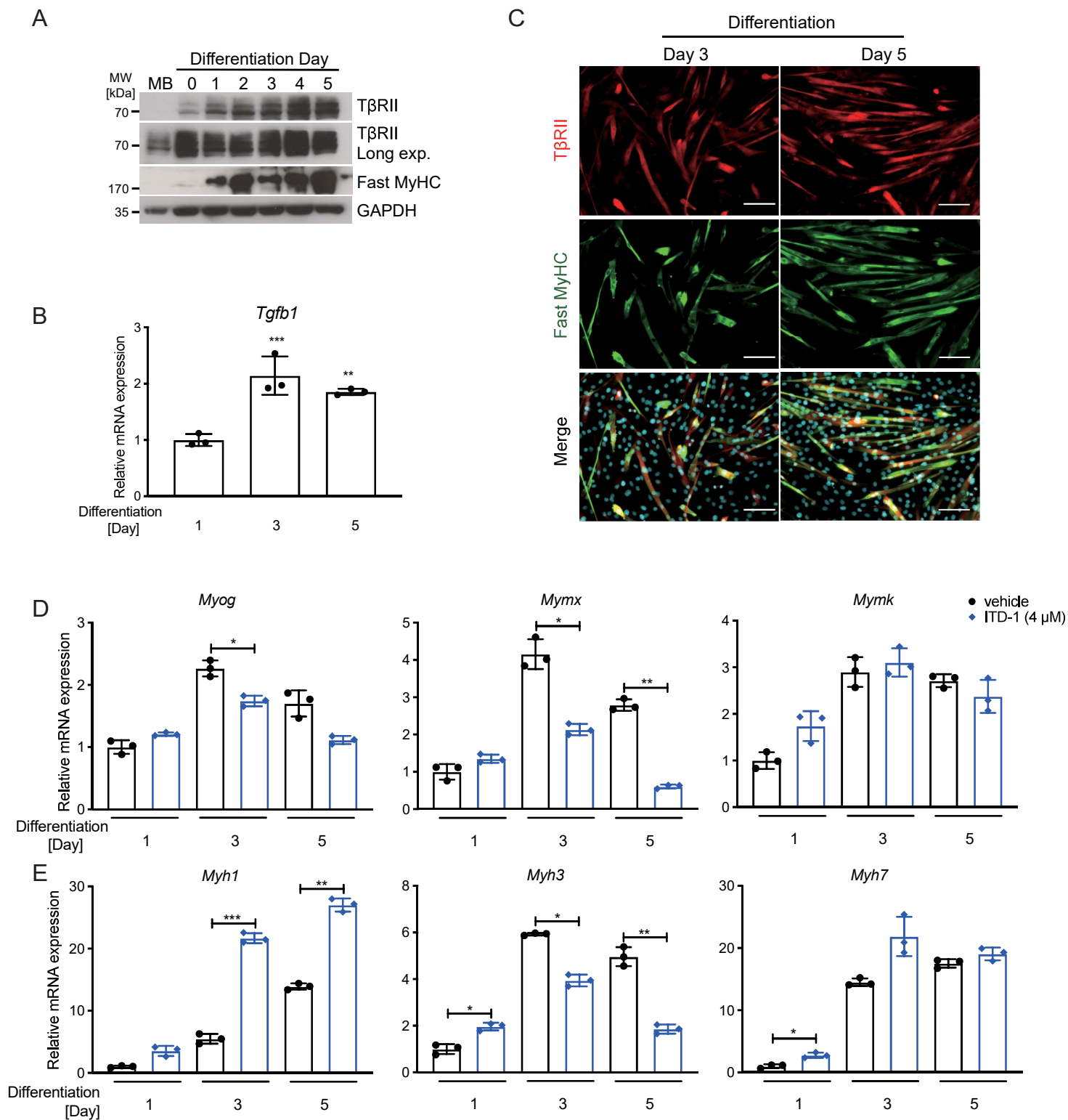


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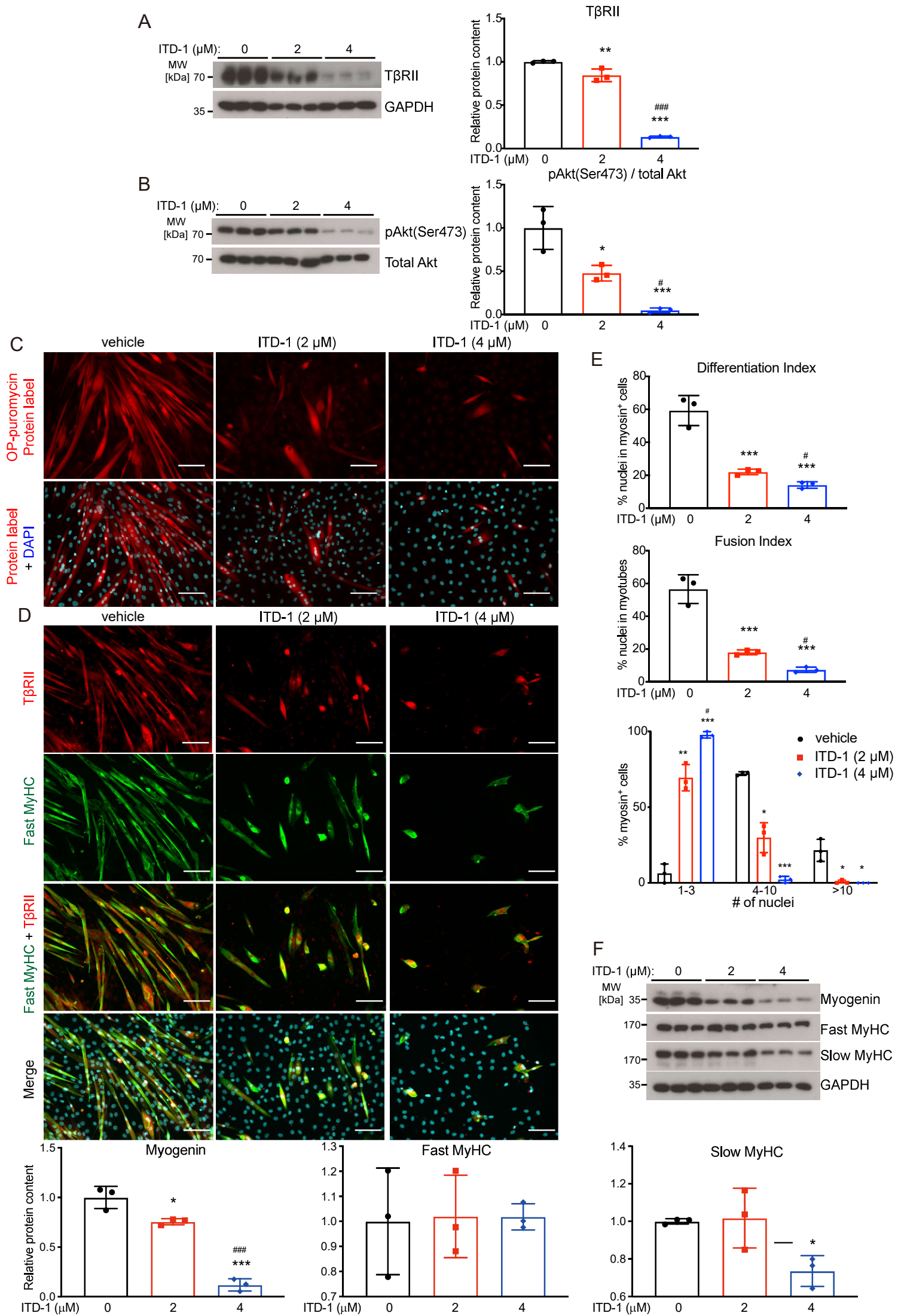


Figure S14

- GFP
- SPSB1
- ◆ Akt-Myr
- ▼ SPSB1 + Akt-Myr

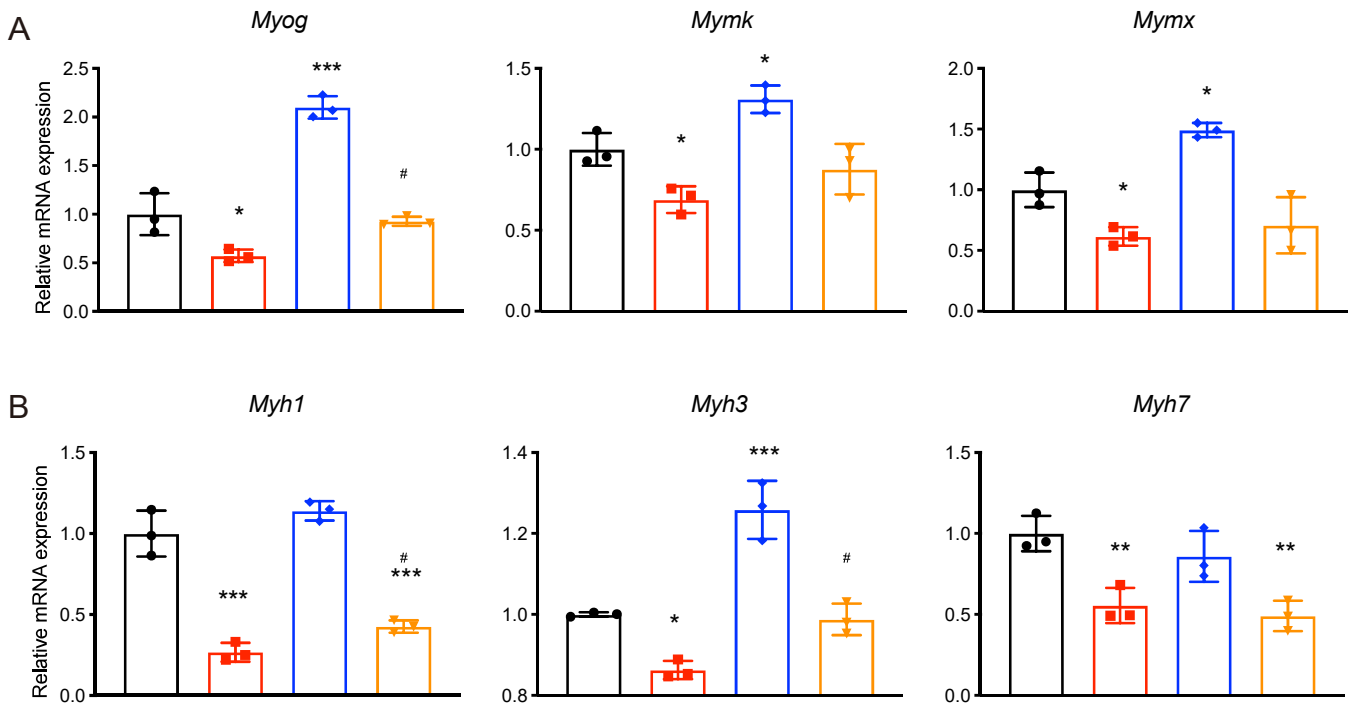


Figure S15

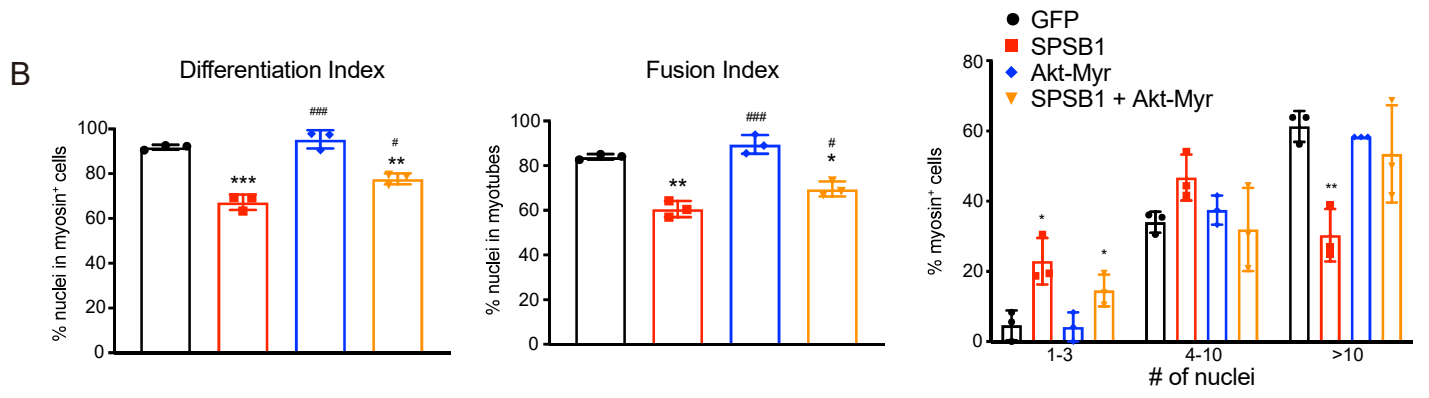
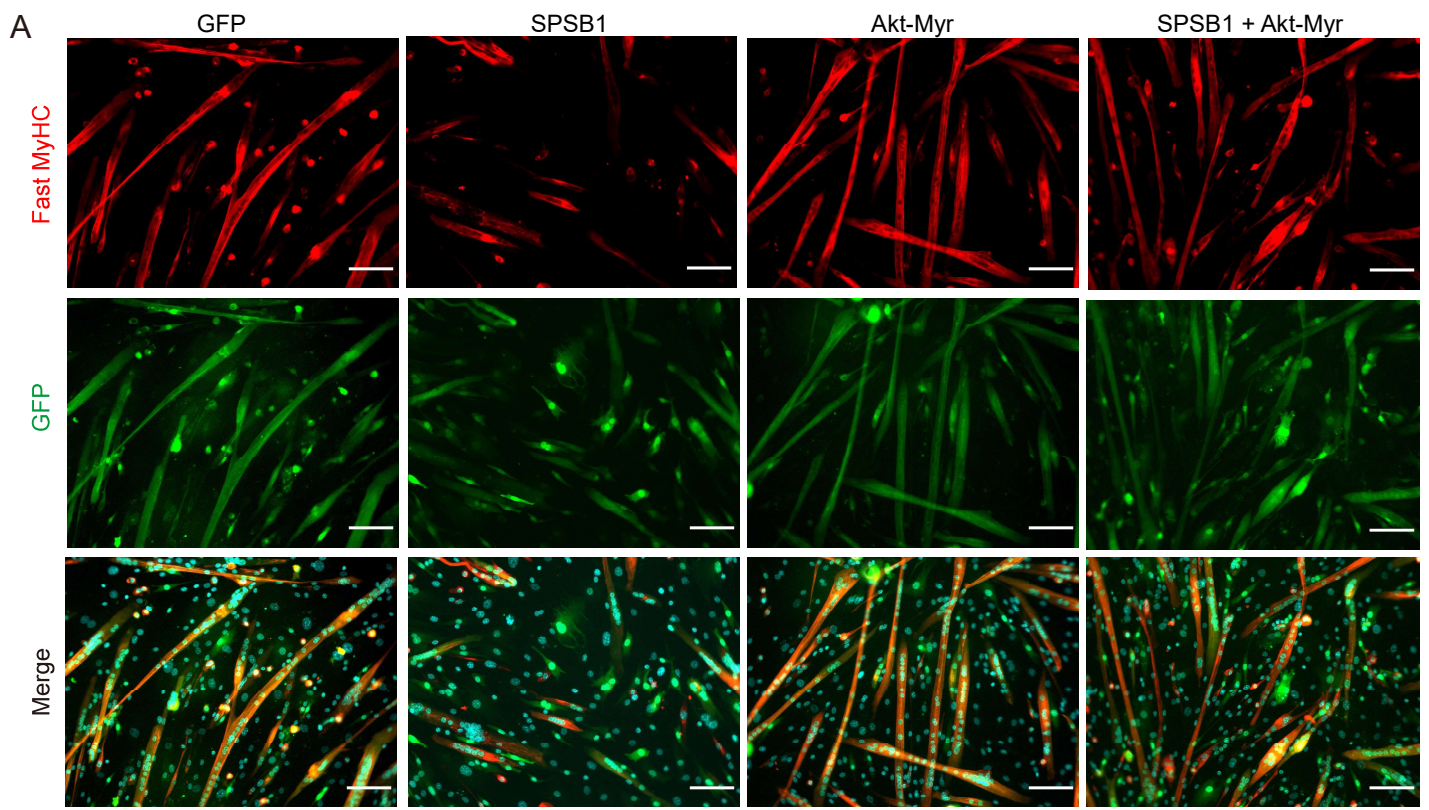


Figure S16



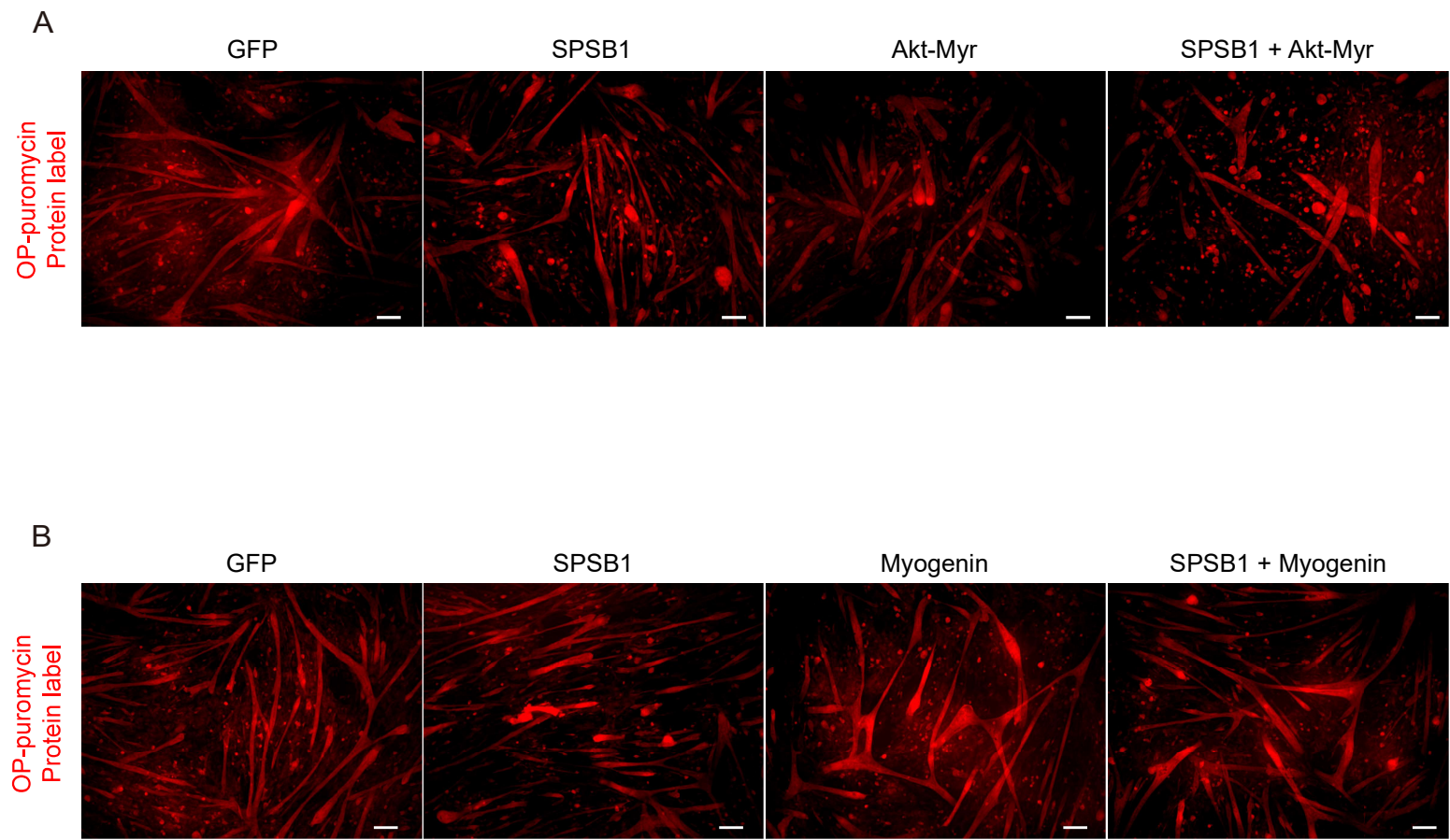
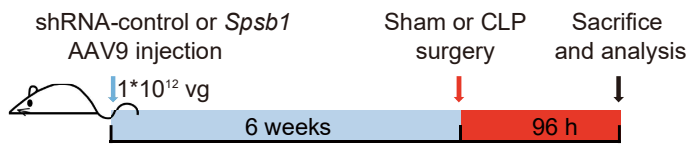
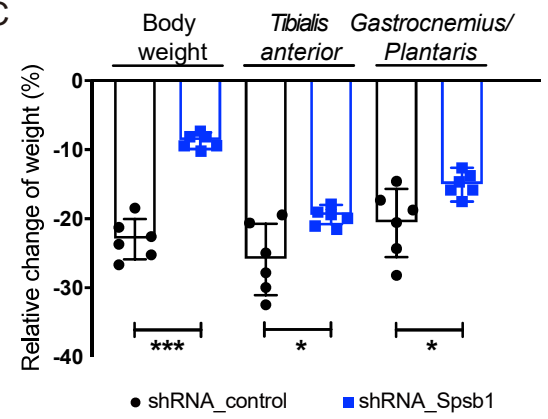


Figure S17

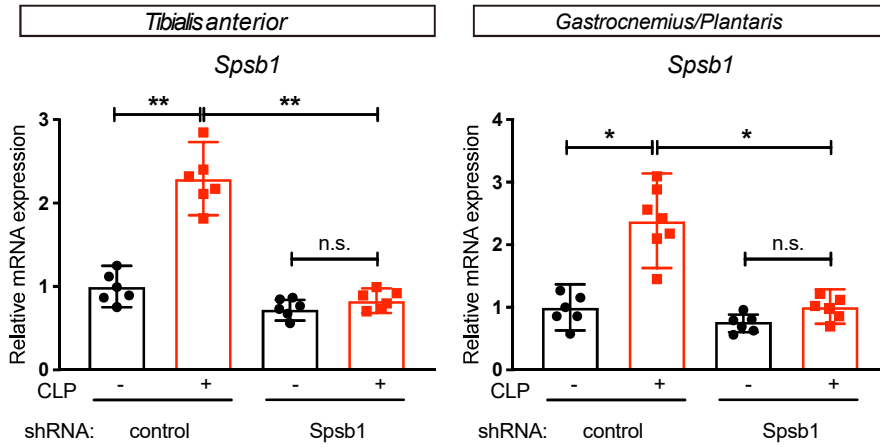
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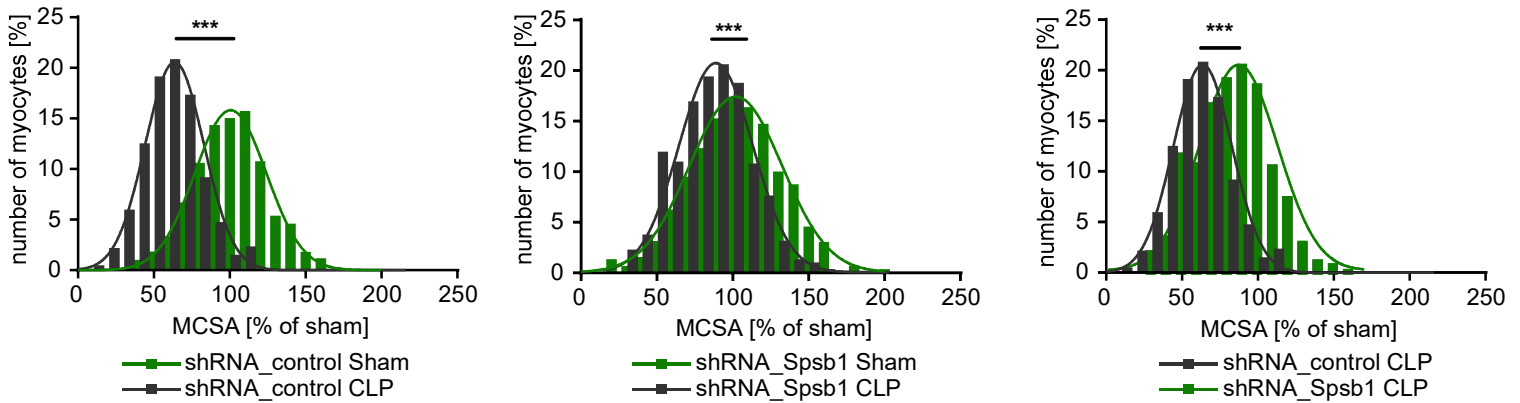
C



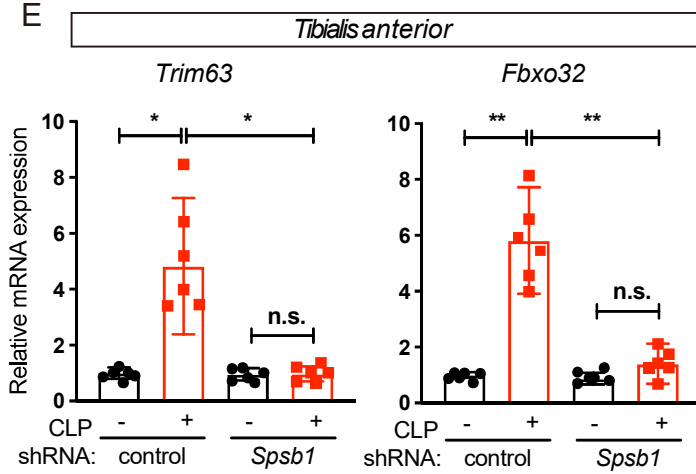
B



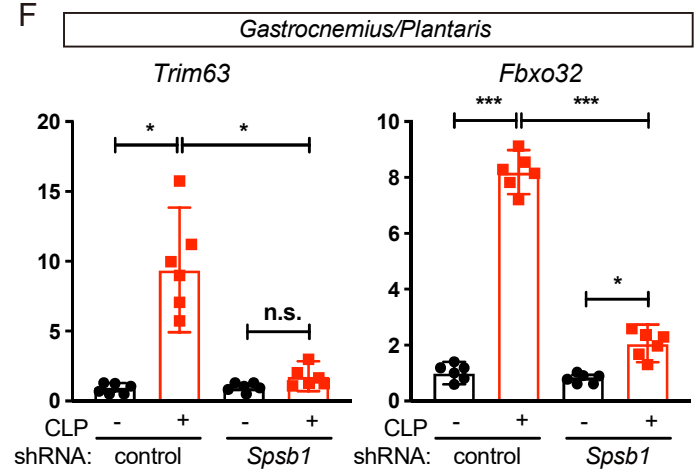
D



E



F



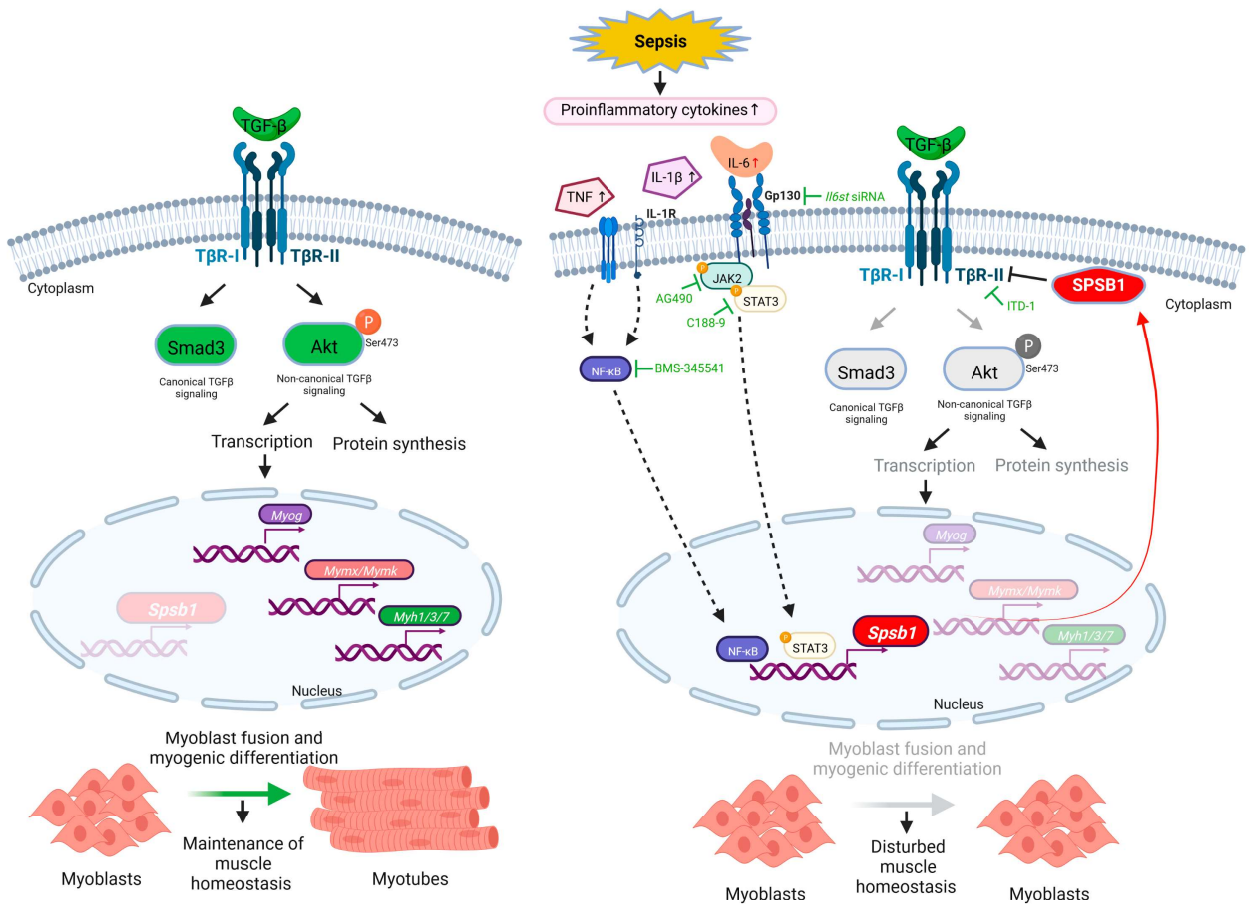


Figure S19